

# CHILD RIGHTS CLINIC (CRC) REPORT (2022-23)

The Child Rights Clinic was established with the goal of creating a society that is child-friendly in the state. Its motto, "WHERE CHILDREN ARE INSPIRED TO DEFEND THEIR RIGHTS," reflects its primary objective. The Clinic works closely with various government bodies, such as the Department of Women and Child Development, the Goa State Commission for Protection of Child Rights, and the Child Welfare Committee, among others, to strengthen the child protection system in Goa. In addition to its practical work, the Clinic collaborates with foreign universities to share best practices and experiences in the field of child protection systems. The Clinic has made significant strides in the field of Child Rights since its inception. Through talks with school students, parents, teachers, and the general public, as well as street plays performed in various parts of Goa, it has raised awareness on various issues.

In this academic year 2022-23, 25 students enrolled as members of the Clinic. The students belonged to the Third and Fourth Year BALLB and SY and TY Degree.

Director: Dr. Kim Couto

Associate Director: Ms. Reshmi Sawant

# ACTIVITY 1-'ORIENTATION SESSION ON COURT ATTENDANCE AND PROCEDURE FOR CRC MEMBERS'.

Guest Speaker: Adv. Emidio Pinho

Held On: 16<sup>th</sup> September, 2022

**Summary:** Dr. Kim Couto, Director of Child Rights Clinic discussed the primary objectives and reasons for setting up the clinic along with the role and the functioning of the clinic to the newly inducted members of the CRC.

She informed the new members that they will have to follow up the functioning and matters at the Children Court and observe the proceedings during the court visits which is an integral activity of the Child right clinic. She provided an overview of the fundamental procedures that take place in the Children's Court and provided general instructions to follow during the court visit. This was followed by question answers session wherein the students got their doubts clarified from Prof. Kim Couto.

Subsequently Adv. Emidio Pinho joined the session along with his team. He explained how the NGO SCAN (Stop Child Abuse Now)works, which is primarily a Victim Assistance Unit, and also conducts programs for creating awareness on child rights, assistance to young victims etc.

He informed the members that they would have to identify a school/higher secondary/college, in their locality for the purpose of spreading awareness on child rights to students which would be done in association with the SCAN.

# ACTIVITY 2- VISIT TO THE VICTIM ASSISTANCE UNIT/OSC at GMC Held On: 23<sup>rd</sup> September 2022

**Summary:** As part of the Child Rights Clinic activity, Members visited VAU/One Stop Centre at GMC. There, Adv Emidio and his team provided the members with a tour of the centre,, counseling room, victim room and a temporary stay for women in need.

There was a presentation and briefing given to the student members of the Child Rights Clinic to provide an idea of how the NGO works and a brief insight into how VAU& OSC functions and assists the victims and the cases they deal with were given by NGO members. The presentation documented and encapsulated all of the work done by SCAN and the services they provide. The hosts were very accommodating and patiently answered all queries of the students. Overall, it truly was a very informative and insightful visit for the members of the Clinic.



Figure 1CRC members visit to SCAN- VAU



Figure 2 Briefing session by SCAN

### ACTIVITY 3- Socio Legal Awareness program at Child Care institution (BETHESDA LIFE <u>CENTRE</u>) at St.cruz Held On: 3<sup>rd</sup> October 2022

## **Summary:**

The Child Rights Clinic members in association with SCAN had their first program at Child Care institution (BETHESDA LIFE CENTRE) at St.Cruz for the children aged 14 to 17 years.

The topics covered were relating to distinction between Good touch, bad touch and confusing touch, the children were shown videos for demonstrating the same, and also need for approaching trusted adult depending upon the place where they may face the said type of approach. The session was inclusive for both boys and girls.

The second topic was on cybercrimes and how the offences are committed against children and the precautions to be followed while on social media etc was explained by the SCAN member Ms. Fernandes. And there was also talk on healthy relationship between persons of different genders and also peer pressure related incidences were discussed to create awareness among the student participants.

Along with awareness, the CRC member informed the participants about the functioning of the Child Rights Clinic.



Figure 3Child care institution: BETHESDA LIFE CENTRE. St. Cruz.

#### <u>ACTIVITY 4- Awareness program on Child Rights at St Dominic Savio High School,</u> <u>Calangute.</u> Held On: 4<sup>th</sup> October 2022

#### **Summary:**

On 4th October 2022, the Child Rights Awareness Programme was conducted at St. Dominic Savio High School, Calangute in collaboration with the SCAN NGO. As a member of the Child Rights Clinic of V.M. Salgaocar College Of Law, Miramar, the program was organized for the students of VIII, IX & X Standard, as decided and finalized by the School & SCAN Unit. The programme was held in the School's Computer Lab, where all the students were gathered, accompanied by a few teachers. A brief introduction was given by myself, as a member of CRC, about CRC and its activities, followed by a PowerPoint presentation to elucidate the same.

Subsequently, Ms. Tresilda Fernandes(Counselor) and Ms. Siddhi Narvekar(Counselor) from the SCAN Unit addressed the students on the topics of Teenage Dating, Sexual Abuse, Cyber Crime, Mental Health & Case discussion on cases handled by the One Stop Centre (OSC).

Post the talk, the SCAN Unit provided training on self-defence techniques for girl students for protection during challenging situations.

The Awareness Programme was a success and garnered a positive response from both the students and teachers present.



Figure 4 Program on Child Rights at St Dominic Savio High School, Calangute.

## ACTIVITY 5- Awareness Program on Child Rights and Child Helpline at Bal Bharati School <u>Ribandar Goa.</u> Held On: 7<sup>th</sup> October 2022

## **Summary:**

The programme was conducted for the students of std. IX<sup>th</sup> of the Bal Bharati school at Ribandar Goa in association with the NGO SCAN. At 12.30 pm.

The students were introduced to the Child Rights Clinic at the V.M. Salgaocar College of Law Miramar, and also were given an insight of the basic rights of the children and child protection laws under which they may take action, in simple language. Then the students were made aware of the NGO SCAN and the program began with the PowerPoint presentation on various issues faced by children in society.

The students were advised to approach the counsellor at the school, a teacher, or any parent/guardian when their rights are violated by the perpetrator. They were also made aware of the Child Helpline number and the process followed after dialling that number on the phone.

The program concluded by a vote of thanks and feedback of the students which was positive in all aspects.



Figure 5 Awareness program at Bal Bharati School on child helpline

## ACTIVITY 6- Awareness program at at Royale School, Taleigao, Goa Held On: 8<sup>th</sup> October 2022

## **Summary:**

An awareness program was conducted at Royale School located in Taleigao, Goa. The program was for the 9th standard students of the school.

The program began with an introduction by the organizers where they introduced themselves and informed the students about the Child Rights Clinic of V. M. Salgaocar College and its work. They also explained the purpose and details of the awareness program. Siddhi, one of the SCAN NGO volunteers, then took over the session and educated the students about the concepts of good touch and bad touch, sexual abuse, and how children can be abused by strangers on social media sites through blackmailing, etc. She shared various real-life cases that the NGO has dealt with and suggested ways to protect oneself from abuse in schools, homes, or any other place. Siddhi also informed them about the child helpline number, 1098, and elaborated on the SCAN NGO's work and cyber crimes.

A question-and-answer session was conducted where the students were given the opportunity to ask their queries. Following this, the boys left and a special session was organized for the girls on self-defence techniques. The SCAN NGO volunteers taught the girls some basic techniques for self-protection.

The session was concluded with a vote of thanks to the teachers and staff for their cooperation. Overall, the program was well-received by the students, and they gained valuable insights on child abuse and ways to prevent it.



Figure 6 Awareness program was conducted at Royale School located in Taleigao

#### ACTIVITY 7- Participation in a Session to commemorate World Mental Health Day and International Girl Child Day held at the Children's Court Held On: 11<sup>th</sup> October 2022

# Summary:

On 8th October 2022, the members of the Child Rights Clinic (CRC) attended the Children's Court Celebration for a talk, on the occasion of World Mental Health Day and International Girl Child Day. The topics for the event were "Make mental health & wellbeing a priority and Our time is now – our rights our future."

The event started with a speech by speaker Ms. Laad, who emphasized the importance of mental health and wellbeing for children, and the various ways in which children can take care of their mental health. The speaker highlighted the importance of self-care, healthy relationships, and seeking help when needed. The students were also given an opportunity to ask questions and clarify their doubts regarding mental health.

The event was informative and engaging, and the students of CRC gained valuable insights into the importance of mental health and wellbeing. The celebration served as a reminder to make mental health a priority and to take necessary steps towards ensuring our own and others' wellbeing.



Figure 7 Observance of mental health day and international girl child day at children's court

#### <u>ACTIVITY 8– A talk on Conflict resolution and the Rights of Children by the President of</u> <u>Children's Court, Smt. Sayonara Teles Laad</u> Held On: 15<sup>th</sup> October 2022

#### **Summary:**

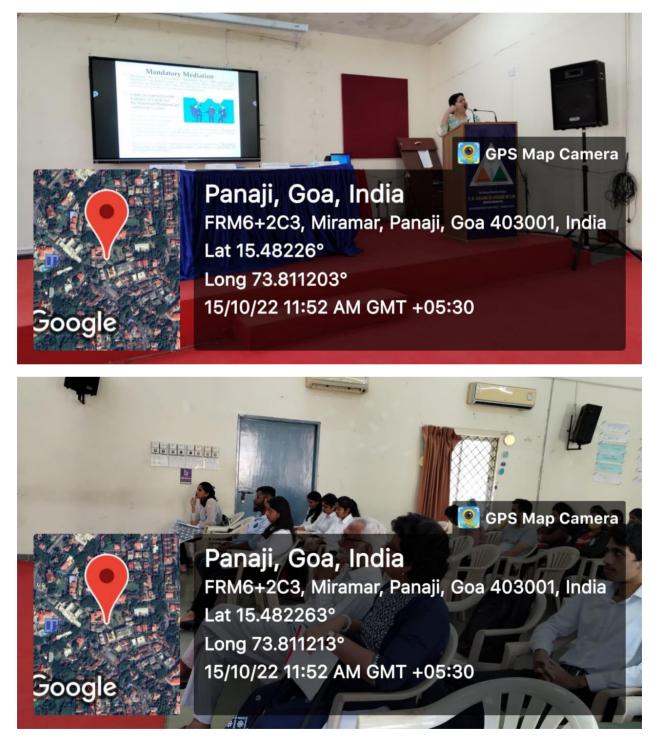
A talk on Conflict resolution and the Rights Of Children was organized by V.M. Salgaocar College Of Law in association with the Child Rights Clinic, on 15th October 2022, at 11:00 am. The talk was aimed at educating students on the various means of conflict resolution and increasing awareness on Child Rights. The resource person for the session was the President – (District Judge Cadre) of the Children's court for the State of Goa,Smt. Sayonara Teles Laad. The program was conducted to emphasize that just like adults, children also have rights and some special ones designated for them. Being a vulnerable section of society, special steps need to be taken to ensure that they are not exploited. The essence of the talk was to educate the members of CRC about these rights and procedures of the Children's Court and how to protect them.

During the session, various conflict resolution options other than litigation in the area of justice were also discussed in detail by the resource person. The speaker covered the topic with a keen focus on non-litigative means of resolving conflicts. The session included video and musical clippings on the subject.

Overall, the talk was a great success, as it provided the students with a deeper understanding of the importance of child rights and conflict resolution while emphasizing the need for a balanced and fair approach in imparting justice. The participants left the session with increased knowledge and awareness, and the event was praised for its valuable contribution to the education of the students.



Figure 8 conflict resolution and rights of children talk



### ACTIVITY 9– World Mental Health day (week) 2022 from 15th-18th October, 2022. INTER-CLASS POSTER MAKING COMPETITION FOR WORLD MENTAL HEALTH DAY 2022 Held On: (between) 15<sup>th</sup>-18<sup>th</sup> October 2022

#### **Summary:**

The Child Rights Clinic (CRC) of V.M. Salgaocar College of Law organized an Inter-Class Poster Making Competition to celebrate World Mental Health Day 2022 from 15th-18th October 2022. The theme of the competition was "Make Mental Health and Wellbeing For All A Global Priority."

The competition was open to all students, and guidelines were provided through an accompanying poster. The guidelines highlighted the importance of mental health and the role of art in promoting awareness and reducing stigma.

The competition was a success with enthusiastic participation from the students. The posters were judged based on their creativity, originality, and adherence to the theme. The competition helped raise awareness about the importance of mental health and the need to prioritize mental wellbeing at a global level.

The winners of the competition were announced on 18th October 2022, and they received certificates of appreciation for their efforts. The event was successful in achieving its objective of promoting mental health and wellbeing for all.



Figure 9 Poster making competition

### <u>ACTIVITY 10 – Program on "Make Mental Health and Well-Being for All a Global</u> <u>Priority"</u> Held On:18<sup>th</sup> October 2022

## **Summary:**

Mental health is very important at every stage of our life, from childhood to adolescence, adulthood to even old age. It affects every aspect of our life, how we feel, how we think and how we react and act. On the occasion of World Mental Health Day, the V. M. Salgaocar College of law, in collaboration with the Child Rights Clinic conducted a program titled "Make Mental Health and Well-Being for All a Global Priority" on 18<sup>th</sup> October 2022 from 10:00-11:30 am. The objectives of this programme were to raise awareness as to mental health issues and mobilize efforts in support of better mental health.

The audience for the same were the 1<sup>st</sup> year BA LLB students and the CRC members. The honourable Chief Guest for the event was Smt. Anuradha Kakodkar, Associate Professor at St. Xavier's College, Mapusa and a member of the Board of Studies in Psychology. The event was compared by Sharlene Fernandez.

The Event began with the lighting of the lamp in commemoration of the personification of prudence, knowledge and incredible arts, Goddess Saraswati. The principal Dr. Shabir Ali G addressed the gathering and warmly welcomed everyone to the event. Dr. Kim Couto, the Director of the CRC gave an encapsulation of the functioning and work undertaken by the CRC as well as

an insight into the Certificate Course conducted by the college titled "Youth Mental Health and Crime."

"Mental Health is a process not a destination. It involves healing, reflection and introspection." The college counsellor Ms. Trisha Almeida enlightened the audience regarding the theme - "Make Mental Health and Well-Being for All a Global Priority." She emphasised on how the health of the mind is as important as the health of the physical body.

There is no better medium to express and emote than music and poetry. In the light of the same, Professor Ashwini Naik beautifully recited a poetry enunciating mental hardships. Furthermore, the talented members of CRC harmoniously sang a song "Give Me Some Sunshine," while also inviting the crowd to partake in the singing.

The Chief Guest, Smt. Anuradha Kakodkar illuminated the crowd on various issues that youngsters face and the ways in which problems with regards to mental health can be addressed.

Music and dance are the most efficient way of expressing. To Celebrate the art of music & dance and the power it holds, the members of the CRC performed an impressive short and meaningful musical performance. The musical performance was thought provoking and beautifully portrayed the challenges of mental health.

Certificates were presented to participants of the mental health course and prizes were conferred to the winners of poster making competition towards the end of the event.

The vote of thanks was proposed by Dianne and the event concluded after photographs of all the CRC members, certificate course participants and the dignitaries were taken.



Figure 10 Mental Health Program at VM Salgaocar College of Law

# <u>ACTIVITY 11 – Activity conducted at Sacred heart high school, Parra</u> Held On:19<sup>th</sup> October 2022

## **Summary:**

An awareness programme was conducted on Child Rights, Child Abuse, Good Touch and Bad Touch, and Self Defense Workshop for Gir at Sacred heart high school, Parra. The session involved a two-way interaction where the students were encouraged to participate actively. The students were very attentive, and it was evident from their faces that they were listening intently to the discussions. Principal and other faculty staff appreciated the talk. This kind of discussion was conducted in the school for the first time, and it was observed that there were no such talks conducted in school post-Covid.

The topics discussed were Child Rights, Child Abuse, Good Touch and Bad Touch, and Self-Defense Workshop for Girls. The students were made aware of the different types of abuse that exist and the precautions they could take to protect themselves. They were educated about the concepts of good touch and bad touch and were also taught how to differentiate between them. The students were advised on preventive measures to avoid any abuse.Furthermore, the topic of teenage dating was covered, and the students were made aware of the consequences of dating at an early age. The SCAN team also highlighted the risks of social media and the dangers that children could face. They were advised not to share their personal information or pictures with strangers on social media.

Overall, the program was highly informative and interactive, and the students were engaged throughout the session. The Principal and the faculty staff appreciated the initiative and encouraged such programs to be conducted in the future as well.



Figure 11 Awareness program at Sacred Heart School parra

# ACTIVITY 12 – Childrens day Collection Drive

Held On:  $5^{th} - 12^{th}$  November 2022

#### **Summary:**

A Children's Day Collection Drive was organized by the Child Rights Clinic from November 5th to November 12th, 2022, aimed at collecting toys and stationery products for underprivileged

children. The entire college community actively participated in this drive, showing their enthusiastic support.

During the week-long drive, various items such as pens, pencils, notebooks, markers, crayons, and toys were collected, which were then sorted and arranged for further distribution. The collected items were carefully packed and labeled, ensuring that each item is correctly categorized. The initiative was widely publicized by the Clinic, raising awareness about the drive's objective and encouraging maximum participation. Posters and flyers were put up in prominent locations across the college campus, which garnered the attention of the students, faculty, and staff members.

The collected items were handed over to a local charity organization, Overall, the Children's Day Collection Drive was a resounding success and helped in bringing a smile to the faces of many deserving children, providing them with access to essential stationery and toys.

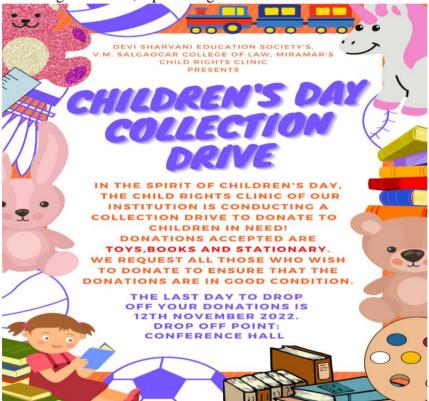


Figure 12 children's day collection drive poster

#### <u>ACTIVITY 13 – Socio Legal Awareness program @New Goa High School</u> Held On: 8<sup>th</sup> November 2022

#### **Summary:**

Tresilda and Akshata, who are members of the SCAN team, spearheaded the program at the New Goa High School. They commenced the session by providing an introduction to SCAN (NGO) and the CRC was introduced by one of the CRC members. They then delved into the topic of child abuse, stressing the importance of good touch and bad touch and elucidating various preventive measures against child abuse. Additionally, they also provided the students with actionable steps to take if they or someone they know has been abused. The discussion further progressed to cover the topic of teenage dating, particularly the dire consequences of early dating. The SCAN team also emphasized the perils of social media usage, presenting various real-life cases of children who were exposed to dangers due to social media usage. The students were thus cautioned against sharing their private information or photographs with strangers.

The second segment of the program focused on self-defense training, where the female students were taught various techniques that could be used in different situations. The trainers emphasized the importance of using one's presence of mind in self-defense. The event concluded at 2:30 pm, and the students deemed the program informative and advantageous.



Figure 13 Program at New Goa High School

### ACTIVITY 14 – Socio Legal Awareness program at Govt. Higher Secondary of Arts Science <u>& Commerce,Khandola-Marcel.</u> Held On: 8<sup>th</sup> November 2022

## **Summary:**

An event focused on child abuse and self-defence was organized by SCAN in partnership with the Child Rights Clinic of V.M Salgaocar College of Law, at the Government Higher Secondary School in Khandola Marcel, Goa. The session was held for 11th-standard students, with approximately 45 attendees. It was divided into two parts - the first was a discussion on child abuse, while the second was a self-defence training session, specifically for girls.

The SCAN team members, Tresilda and Akshata, conducted the program, which began with an introduction to SCAN (NGO) and CRC for the students. Following the introduction, they discussed child abuse, emphasizing good touch and bad touch, ways to prevent child abuse, and steps to take if someone has been abused. The discussion also covered teenage dating and its consequences, particularly dating at an early age. The SCAN team warned the students about the dangers of social media and shared real-life cases of children who faced risks due to social media usage, advising them not to share private information or photos with strangers.

The second part of the program was dedicated to self-defence training for girls, where they were taught various techniques for different situations. The trainers emphasized the importance of using their presence of mind in self-defence. Overall, the program was informative and beneficial for the students, and it concluded at 2:30 pm.





Figure 14 CRC Program at khandola

# <u>ACTIVITY 15 – Program at S. S. V. Government High School Cumbharjua Goa.</u> Held On:9<sup>th</sup> November 2022

## **Summary:**

A program addressing child abuse and self-defense was conducted by SCAN and V. M. Salgaocar College of Law at S. S. V. Government High School in Cumbharjua, Goa, with a total of 30 students in attendance. The program was divided into two parts, namely, a talk and self-defense training, where the talk was intended for both boys and girls, while the self-defense training was solely for girls.

The session was initiated with an informative discussion on child abuse, where the students were provided with detailed information on good touch and bad touch. Preventive measures on child abuse and recommendations for steps to be followed if someone has been abused were also suggested. Following the discussion, the consequences of teenage dating were addressed, particularly dating at an early age. Considering that children nowadays frequently use social media to stay connected, the SCAN team emphasized the dangers that social media poses to children, and real-life cases of children who faced risks due to social media usage were presented to make them aware. The students were advised not to share their photos or private details with any strangers on social media.Subsequently, self-defense training was conducted for girls, where various techniques that can be applied in different situations were demonstrated to them. The importance of using one's presence of mind in self-defense was stressed. Overall, the program proved to be highly informative and beneficial to the students. The program concluded at 2:30 pm.



Figure 15 CRC program at S. S. V. Government High School in Cumbharjua, Goa

# <u>ACTIVITY 16 – Childrens day celebration and distribution of Stationery and Toys.</u> Held On:14<sup>th</sup> November 2022

## **Summary:**

At Hamara School, in St. Inez Panaji, a program was conducted to celebrate Children's Day in an innovative way. Mmebers of the CRC along with Dr. Kim Couto and Asst. Prof Reshmi Sawant orgnasied a Childrens Day programme for the children at Hamara School. The Porgramme included a distribution drive of toys and stationery items, in addition to a series of skits and games for the children. The member performed short skits for the children to explain to them violation of child rights and thereby aimed to spread awareness among the young attendees. Multiple skits were performed, depicting scenarios where children were facing challenges related to their rights and how they could speak up and defend themselves. Various games were organized, keeping in mind the different age groups present at the event.

The distribution drive was conducted smoothly, with the toys and stationary items handed out to the children with great care and attention. The program was designed to be child-centric, with their needs and wants as the primary focus. The attendees were able to have a fun-filled day while learning about their rights.

The program was executed by the members of Child Rights Clinic along with the Director Dr. Kim Couto and Associate Director Ms. Reshmi Sawant, who ensured that the children were entertained while also educated about childrens rights.





Figure 16 Childrens Day program at Hamara school

## <u>ACTIVITY 17 – Awareness Program at St. Joseph's School, Arpora</u> Held On: 16<sup>th</sup> Nov 2022

## **Summary:**

The Child Rights Clinic of VM Salgaocar college of law collaborated with SCAN, a child rights NGO in conducting a talk on the 'Rights of children' on the 16th of November, 2022 at St. Joseph High School, Arpora at 10am. The Child Rights Clinic member assisted in conducting the talk, along with the Headmistress, and Miss Valencia from the school. The speakers for this meeting were Siddhi Naik and Akshata. The event was attended by the the 8th and 9th standard students of the school, along with a few of the teachers and the headmistress.

The talk commenced with the members of SCAN introducing themselves and asking the students if they knew about good touch, bad touch and confusing touch. While some of the students knew what good touch or bad touch were, no one was aware about confusing touch was. The members of SCAN then went on to explain what these words meant with examples.

Further, they informed the students about Cyber Crimes and Cyber Bullying and how they could be a victim of it if proper care wasn't taken. They also told them about the improper usage of social media and warned them about the trouble they could fall into if enough care wasn't taken.

Apart from that, the topic of bullying was also brought up and a discussion was held to find our whether the students knew what bullying was and if they had been bullied before. The students were then told how they could protect themselves from such bullying. Other smaller topics were also spoken about and all in all it was a very interactive session. The talk concluded at 12pm, with member of CRC giving a vote of thanks and a brief introduction of The Child Rights Clinic, leaving more well informed.



Figure 17Awareness Program at St. Joseph's School, Arpora

#### ACTIVITY 18 – Awareness Programme along with Self Defense Workshop at St. Cruz High School, St. Cruz on 17<sup>th</sup> November 2022. Held On: : 17<sup>th</sup> NOVEMBER 2022

#### **Summary:**

The Child Rights Clinic of V.M Salgaocar College of Law has collaborated with SCAN [Stop Child Abuse Now] Goa to conduct awareness programmes in various schools across the State.

The programme started with CRC member Riya Amonkar giving an introduction about the activities and purpose of the Child Rights Clinic, followed by a brief insight into the various issues that would be dealt with in the awareness session.

The awareness session was conducted for the Children of classes 6<sup>th</sup>-8<sup>th</sup>. As the children were more comfortable with Hindi as a medium of instruction, the whole session was conducted in Hindi.Throughout the session, the team dealt with issues like Child Sexual Abuse, Drug Abuse, Relationships, Internet and Cyber Crimes, mental health etc.

While informing the children about child sexual abuse, they also provided statistics showing the current rise in cases. They even gave real life instances which were effectively handled by the NGO.With respect to Drug abuse, the children were well aware of the different varieties of drugs and even went on to name a few. This was surprising hence they were warned about the harmful effects of drug intake on their health and also informed them to avoid the consumption of alcohol and drugs.

Another aspect of a child's life which was dealt with was relationships. The children were told about the difference between healthy and unhealthy relationships by giving examples and also by creating awareness about unhealthy relationships.Further topics of Cyber Crime and Mental Health which are of utmost importance in today's world, was also effectively dealt with. Children were advised about cyber safety which has to be ensured while using various apps etc. and they were also informed about the various aspects of mental health and also told them to seek help whenever needed. The children were also provided with helpline numbers.

Throughout the session the students were asked questions and were encouraged to answer the same. There was active participation by the students throughout the session.

At the end of the session, a self-defense workshop was conducted for the girl students of classes  $6^{th}$ ,  $7^{th}$ , and  $8^{th}$ . Team SCAN gathered them and taught them some basic self defense skills like punching, blocking any attack etc. which would come in handy in real life situations. All the girls were enthusiastic to learn and picked up the moves easily. The participants were advised to use these skills only in cases of danger and emergency and not to unnecessarily harm people.

After the workshop, a faculty of the school proposed the vote of thanks for conducting the programme and creating awareness among the children. The session was a fruitful one as the children actively participated and it seemed that they understood the instructions very well and would follow the same. The programme ended with a group picture with the CRC banner in background. The programme ended at 11 am.



Figure 18Awareness Programme along with Self Defence Workshop at St. Cruz High School, St. Cruz

# ACTIVITY 19 – Awareness Programme along with Self Defense Workshop at Popular English High School -Goavelha

Held On 19 November2022

#### **Summary:**

An Awareness Programme, accompanied by a Self Defense Workshop, was conducted at the Popular English High School in Goavelha in association with the Child Rights Clinic of VM Salgaocar College of Law . The program was initiated to educate and empower the students and had approximately 40 participants in attendance.

The Awareness Programme was conducted first, during which the students were enlightened on various safety measures that could be adopted, both in school and outside. They were given insight into sexual harassment, the difference between good touch and bad touch, and how to seek help in case of any emergency.

The Self Defense Workshop was the highlight of the event, with a qualified instructor teaching the students techniques on how to defend themselves in case of any physical attack or threat. The instructor demonstrated various self-defense moves, emphasizing the importance of staying calm, alert, and confident while under attack. The students were given an opportunity to practice the techniques taught, and they showed immense enthusiasm and interest in learning new skills.

The event concluded with a Q&A session where the students could clarify their doubts and queries. The session helped the students gain a deeper understanding of the issues discussed, which would aid them in staying safe and secure.



Figure 19SCAN WITH CRC PROGRAM 🙂 @ Popular English High School -Goavelha

### <u>ACTIVITY 20 – Awareness Programme along with Self Defense Workshop at St.</u> <u>Rita's, Colvale</u> Held On 13<sup>th</sup> December2022

#### **Summary:**

An Awareness Programme on child abuse and self-defense workshop was organized at St. Rita's School, Colvale. The program was conducted by the SCAN team in collaboration with the Child Rights Clinic of V.M Salgaocar College of Law. The event was tailored for the students, and approximately 180 pupils were in attendance.

The program was bifurcated into two sessions, with the first being a talk on child abuse, where the SCAN team shared information on good touch and bad touch, preventive measures against child abuse, and the steps to take if someone has been abused. The SCAN team also addressed the topic of teenage dating, discussing the negative consequences of dating at an early age. Additionally, the team warned the students about the dangers of social media, citing real-life cases to emphasize the hazards of online interaction. They urged the students not to share personal details or photographs with strangers online.

In the second session, a self-defense workshop was conducted exclusively for girls, where they were taught various techniques to employ in different situations. The workshop emphasized the importance of using one's presence of mind in self-defense. The program concluded with the distribution of certificates to the participants.Overall, the program was insightful and beneficial to the students, enhancing their knowledge on child abuse, and equipping them with necessary self-defense skills.





Figure 20 Program at Colvale

Google

ACTIVITY 21– A child rights Awareness Program at Anjuman Nurul Islam high school in <u>Bambolim.</u> Held On:18<sup>th</sup> October 2022

**Summary:** 

A Child Rights Awareness program was conducted in collaboration with the SCAN NGO at ANJUMAN NURUL ISLAM HIGH SCHOOL in Bambolim. The program was divided into two phases and was presented by myself and two SCAN volunteers, aimed towards the 8th and 9th-grade students.

The program focused on crucial topics such as teenage dating, sexual abuse, cybercrime, and mental health, which were conveyed in Hindi language to ensure the prompt delivery and understanding of the subject matter by both male and female students. During the discussion, the SCAN members highlighted the various cases taken up by their unit and explained how the victims were dealt with by the counselors.

A question-answer session was conducted after the talk, which concluded the awareness program and a group photo was taken. In the second phase, a self-defense workshop was held exclusively for female students, who were given hands-on experience with various self-defense techniques. The school authorities lauded the program, acknowledging its importance in creating awareness about child rights and safeguarding vulnerable children.



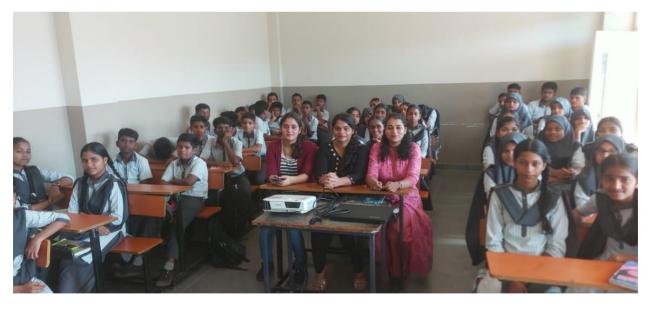


Figure 21Figure 22participants and the members of CRC and SCAN

## ACTIVITY 22- National Girl Child Day Celebrations Held On: 24<sup>th</sup> January 2023

## Summary:

On the 24th of January 2023, National Girl Child Day was commemorated at Bal Bharti Vidhya Mandir Ribandar and Chubby Cheeks Spring Valley High School Pilerne Goa, with programs

conducted to celebrate the occasion. The programs featured various activities such as short skits, presentations, and a short film showcase. More than 300 students were in attendance, and the event was highly beneficial to them.

The Child Rights Clinic (CRC) members made a short film highlighting the significance of the girl child and the importance of child rights, with a special emphasis on her education and the need to open up opportunities for her to shape the future. The film received an enthusiastic response from the students, who appreciated its message.

The Associate Director of the Child Rights Clinic, Ms. Reshmi Sawant, provided an overview of child protection laws and the functioning of the Child Rights Clinic. Her insightful presentation addressed various issues related to child rights and their protection, informing the students about their fundamental rights and how they could be safeguarded. The students were actively engaged in the activities, and the event helped them gain a better understanding of the challenges faced by the girl child in society. The skits performed were highly thought-provoking, touching upon themes such as gender inequality and discrimination, and received a positive response from the students. The presentations and posters were highly informative and interactive, providing a platform for the students to share their views and ideas on the subject.

Overall, the celebration of National Girl Child Day was a resounding success, providing a muchneeded platform to educate students on the importance of child rights and the need to safeguard them.





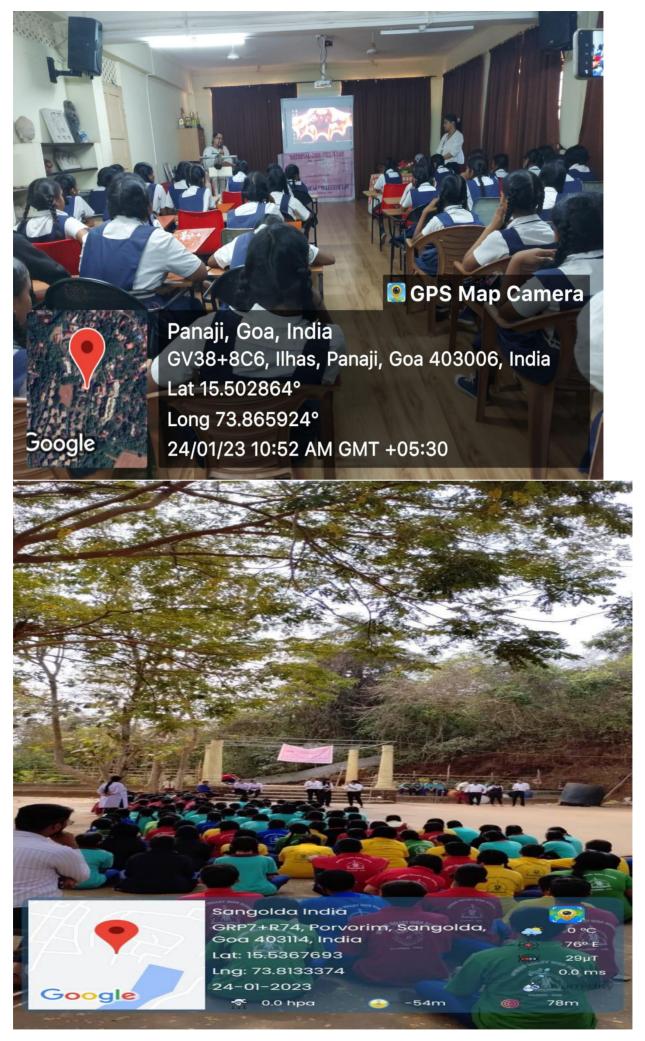


Figure 22National girl Child day Celebrations

ACTIVITY 23- Representation of CRC at an Interactive Session for Nirma University Held On: 10<sup>th</sup> March 2023 The Child Rights Clinic members represented the clinic and made a presentation at the orientation program held by the Nirma University. The work of Child Rights Clinic was appreciated by the dignitaries present at the session.

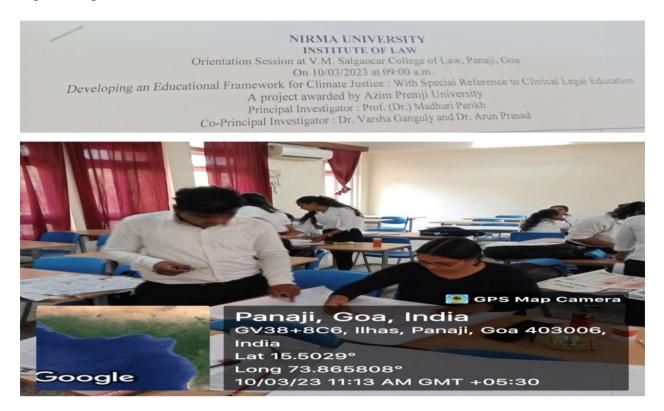


Figure 23Nirma university orientation

## ACTIVITY 24- Socio Legal Awareness program at at Azmane School Neura. Held On: 15<sup>th</sup> March 2023

## **Summary:**

A program on child rights and child abuse prevention was conducted at Azmane School, Neura, by the members of CRC in collaboration with SCAN. The program was divided into two sessions, the first of which was a talk on child abuse delivered by the SCAN team.

During the talk, the SCAN team provided valuable information on distinguishing between good touch and bad touch, preventive measures to safeguard against child abuse, and the appropriate steps to take if someone has been victimized. The team also addressed the sensitive topic of teenage dating and highlighted the potential negative consequences of engaging in relationships at an early age. Furthermore, the team sensitized the students to the risks associated with social media usage, citing real-life cases to underscore the dangers of online interactions. The students were strongly advised against sharing personal information or photographs with strangers on social media platforms.

The second session of the program was dedicated to a self-defense workshop exclusively for girls. The girls were taught various techniques and strategies to protect themselves in different situations. The importance of using one's presence of mind and applying self-defense skills was emphasized. The girls actively participated in the workshop and gained valuable knowledge and skills to enhance their personal safety.



Figure 24Awareness program at Azmane School Neura.

# <u>ACTIVITY 25- Socio Legal Awareness program at at Don Bosco High School in Panaji</u> Held On: 16<sup>th</sup> March 2023

## **Summary:**

A program was held at Don Bosco High School in Panaji, organized by the Child Rights Clinic (CRC) in collaboration with SCAN. The program was attended by a number of individuals and was aimed at promoting awareness on the issue of child abuse as well as providing self-defense training to the participants.

The program was divided into two parts, with the first part involving a discussion on the topic of child abuse. Participants were provided with information on the different types of abuse, including good and bad touch, and were educated on preventive measures that could be taken to avoid such

situations. Moreover, real-life incidents of children who were subjected to abuse were also shared, and steps that can be taken when such incidents occur were suggested.

The second part of the program focused on self-defense training, which was aimed at empowering the participants, particularly girls, with practical techniques to defend themselves in various situations. Participants were trained on different techniques for different situations and were advised on the importance of staying alert and being mindful during such situations.

In conclusion, the program was considered to be informative and helpful by the attendees. The event successfully raised awareness about the importance of protecting children from abuse and equipped participants with essential skills for self-defense.



Figure 25CRC program at Don Bosco High School in Panaji.

# ACTIVITY 26- Programs on Child Rights and Juvenile Laws at Ponda Held On: 18<sup>th</sup> March 2023

## **Summary:**

Two programs on Child Rights and Juvenile Laws were conducted in Ponda, Goa, one at A.J.de Almeida High School and the other at Matrucchaya Dhavali. The events were organized by a CRC member, Sakshi Prabhudesai.

The first program was held at A.J.de Almeida High School and focused on raising awareness about Child Rights and Juvenile Laws. The CRC member conducted an interactive session, engaging with the students and informing them about their rights as children. The session also highlighted the importance of laws related to juvenile justice and the consequences of breaking them. The program was informative and well-received by the students. The second program was conducted at Matrucchaya Dhavali, where the CRC member again focused on educating the children about their rights. The interactive session included discussions on various topics, such as education, healthcare, and protection against abuse. The program was well-organized and executed, and the children actively participated in the activities.

Overall, the programs were informative and well-executed, leaving a positive impact on the children. The CRC member's efforts were commendable in organizing these events and educating the children about their rights.



Figure 26Programs on Child Rights and Juvenile Laws at Ponda

### ACTIVITY 27– Socio-Legal Awareness program conducted at Dayanand Arya School Neura. Held On: 3<sup>rd</sup> October 2022

A Socio-Legal Awareness program was conducted by Child Rights Clinic in association with SCAN at the Dayanand Arya School in Neura. The program was aimed at educating the attendees on legal matters and social issues. The program was divided into various sessions and was conducted by experienced professionals.

During the introductory session, the attendees were introduced to the organizations conducting the program, i.e., CRC and SCAN. Afterward, several topics related to legal awareness were covered in the subsequent sessions. The speakers discussed the legal procedures and rights available to citizens. The attendees were also educated on several social issues prevalent in society, such as child abuse and domestic violence.

In the latter half of the program, the attendees were given an opportunity to ask questions and clarify their doubts on legal and social matters. The program concluded with a vote of thanks from the organizers, and the attendees expressed their appreciation for the knowledge and insights they gained from the program.Overall, the program was a success, and the attendees were enlightened on various legal and social issues, which will help them in their future endeavors.



Figure 27program conducted at Dayanand Arya school Neura.

