

## V.M. Salgaocar College of Law

### NSS Unit Report (June 2018 – March 2019)

1. Name of Programme Coordinator : **Asst. Prof. Aamod Shirali**  
Programme Officers: **Asst. Prof. Fouzia Rizvi**  
**Asst. Prof. Shruti Kamat Dalal**
2. NSS Office Telephone No: **08322462225**
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4. Official Email ID : [prasadmandav@gmail.com](mailto:prasadmandav@gmail.com)
5. Mobile No of Prog Coordinator : **9890238582**
6. NSS Strength allocated under Regular Activities By State Govt. for the Year : **250**
  
7. NSS Strength for the Year 2018-19 : **253**

Total No. of NSS Prog. Officers: **Male: 01 Female: 02 Total: 03**

8. Actual Enrolment during the year:

<b>MALE</b>	<b>FEMALE</b>	<b>TOTAL</b>
64	189	253

9. Category Wise Enrolment:

<b>SC</b>	<b>ST</b>	<b>OBC</b>	<b>MINORITY</b>	<b>OTHERS</b>
03	06	56	58	130

## Activities conducted

Sr. No.	Activities	Date
<b>June – September 2018</b>		
1.	Observance of ‘International Yoga Day’	19 <sup>th</sup> – 21 <sup>st</sup> June 2018
2.	Programme on AIDS Awareness	31 <sup>st</sup> July 2018
3.	Vanamahotsav	7 <sup>th</sup> August 2018
4.	Indias’ Independence Day	15 <sup>th</sup> August 2018
5.	Raising funds for charity through sale of Rakhis	20 <sup>th</sup> – 24 <sup>th</sup> August 2018
6.	Awareness Programmes on ‘Swatchchta hi Seva’	26 <sup>th</sup> – 27 <sup>th</sup> September 2018
7.	Surgical Day Celebration	29 <sup>th</sup> September 2018
<b>November 2018 – March 2019</b>		
8.	Blood Donation Camp	6 <sup>th</sup> December 2018
9.	Goa Liberation Day	19 <sup>th</sup> December 2018
10.	Republic Day Celebration	26 <sup>th</sup> January 2019
11.	Old age home visit	20 <sup>th</sup> February 2019

### **1) Observance of ‘International Yoga Day’ (19<sup>th</sup> – 21<sup>st</sup> June)**

To commemorate the significance of International Yoga Day observed on June 21<sup>st</sup>, the college scheduled a 3 days programme from June 19<sup>th</sup> – 21<sup>st</sup> in the College Conference Hall. The programme was attended by the students which also comprised the NSS volunteers and teaching faculty of the College. The crowd was addressed the concept and relevance of Yoga which is an

art of practicing the physical and mental disciplines to attain a peaceful mind, soul and body. Various basic Asanas were explained and demonstrated by the College Administrator Mr. D.P. Pednekar to the gathering. The duration of the programme was one hour which commenced at 8.50am in the College Conference Hall. The crowd sincerely followed the instructions and practiced the Asanas.



Students & Faculty practicing Asanas to commemorate the significance of International Yoga Day

## **2) NSS Inaugural Programme – 31<sup>st</sup> July**

The NSS Unit inaugural programme for the academic year was organized at the College Conference Hall. The Unit decided to proceed with its programme by creating health awareness on Acquired Immuno Deficiency Syndrome where AIDS patients are still viewed as stigma in society.

Dr. Chandrakant Porob, CMO, GSACS was invited as the chief guest for the function. Principal Prof. Dr. M.R.K. Prasad, in his welcome address stated that the institute provides a blend of social legal community service to the needy. He added that college is known for its legal aid provision on one hand and it also vouches community service through NSS to the masses.

Asst. Prof. Aamod Shirali (NSS Incharge) introduced the Chief Guest and proceeded with the Oath taking ceremony. Addressing the forum the Chief Guest mentioned that the NSS motto "not me but you" inspires the young minds to strive towards serving the community in the interest of the Nation as a whole which should always be a priority for the young energetic blood.

The overall student in charges of Unit presented the NSS report of the preceding year 2017 – 18. Vote of thanks was proposed by Asst. Prof. Fouzia Rizvi (NSS Programme Officer). The function concluded by National Anthem.



Dr. Chandrakant Porob lighting traditional lamp at the NSS Inaugural Programme

### **3) Programme on AIDS Awareness – 31<sup>st</sup> July**

An informative programme on AIDS awareness was organized as part of the Red Ribbon Club by the Goa State Aids Control Society. A video was played which depicted one-ness in the society irrespective of AIDS infection - "Haath Se Haath Milao". Another video was played for making the students aware of the HIV (Human Immuno-Deficiency Virus) which causes the disease, Acquired Immuno Deficiency Syndrome. The causes, effects, spread, types of transfer, protection, testing and prevention of AIDS was expressed in the video. Dr Uma Sadekar from GSACS urged the forum to promote the causes and testing of the disorder. Mrs Sunita Aswdra (GSACS) expressed her views on spread and transmission of AIDS and further stated the legal intricacies and implications expressed in the statute.

The crowd showed the presence of NSS volunteers and the faculty members.



Resource Persons from GSACS

#### 4) Vanamahotsav – 7<sup>th</sup> August

The Programme was organized by F.Y. B.A.LL.B NSS volunteers. Fruit bearing trees were planted within the campus and the Students were addressed by the NSS programme officers on the importance of environment and the need to save natural resources for the benefit of the future generation.



Principal, NSS programme officers and volunteers planting saplings

#### 4) Independence Day – 15<sup>th</sup> August

The NSS volunteers of T.Y. B.A. LL.B celebrated the India's Independence Day with full zeal and enthusiasm. After the unfurling of the National flag at the hands of Principal Prof. Dr. M.R.K Prasad, the NSS volunteers presented a cultural programme in the conference hall and the programme included singing patriotic songs and dance and speeches. Further, keeping the motto of unity in diversity, students depicted the traditional outfit of the people residing in Indian states

to project cultural diversity of our country. This was followed by short quiz on India's freedom struggle. The programme was attended by a special guest who is a Government Officer Dr. Snehal Goltekar.



Principal hoisting the National Flag and Volunteers performing the cultural programme

#### **5) Rakhi Sale – (20<sup>th</sup> – 24<sup>th</sup> August)**

With the motive of fund raising for charity and as a part of social service initiative the volunteers of TY and 4th year B.A. LL.B. sold more than 500 Rakhis in the College premises made by special children on the occasion of Raksha Bandhan. The funds collected were given to Peace Heaven School, Caranzalem.



Volunteers raising funds through sale of Rakhis

#### **6) Swacchta hi Seva – (26<sup>th</sup> – 27<sup>th</sup> September)**

An informative and interactive talk was given to the students of V to IX Std of Government High School, Vasco and Government School, Mapusa on 'Swacchta hi Seva' to create an awareness about "Swacch Bharat Abhiyan". The objective of the session was to make the students realise the importance of good health which begins with cleanliness.



The NSS volunteers divided themselves in groups and the topics that were spoken were:

- A) Issue of garbage and cleanliness to be maintained in the vicinity.
- B) Personal hygiene and environmental cleanliness.
- C) Importance of Swacch Bharat Abhiyaan\_ and objectives of the mission.

A video on Swachta was played in classes and the duration of the talk was 1 & ½ hour (9.00 am – 10.30am). The students showed interest by sharing their experiences across the forum.



NSS volunteers giving a talk on 'Swacchta hi Seva' in Government High School, Vasco

The students were also asked to write slogans on cleanliness. As a matter of encouragement, those students who came up with good slogans were given prizes. One of the slogan given by a student was “ Swatch Raho Aur Swacchta banaye Rakho”.



NSS volunteers giving a talk on 'Swatchta hi Seva' in Government School, Mapusa

### 7) Surgical Day Celebration – (29th September)



The NSS Unit organised a seminar in the College to commemorate the second anniversary of Surgical strike across the LOC in Jammu and Kashmir in the year 2016.





The programme commenced with a welcome address by Rashmita Monseratte.

The NSS programme officers along with NSS incharge Assistant Prof. Aamod Shirali were present to grace the occasion.

NSS Volunteer Ms. Aishwarya Sinari delivered a talk about the surgical strike of 29th September, 2018 across the Line of Control in Jammu and Kashmir which highlighted the importance of the strike, reasons for the maintained secrecy and about the persistence and endurance of the soldiers who martyred for security of Indian brothers and sisters.



Gabe Mendes further spoke about the hardships and trouble our soldiers have to face while training in siachen.

This programme was very interactive and thought provoking, various incidents where the Indian Army played a pivotal role were brought to light.



Following which awareness on the exhibition, Parakram parv was spread among the audience.

Sixty eight NSS volunteers, actively participated in the activity who were present amongst audience.

The programme concluded with a vote of thanks by NSS Programme Officer Fouzia Rizvi.

### **8) Blood Donation Camp (6th December)**

The Blood Donation Drive was held on 06th December 2018 in the college Conference Room. The drive was organized in collaboration with HDFC Bank and Goa Medical College, Bambolim.

The doctors and health workers from Goa Medical College Bambolim were present with all equipments. There was a great deal of enthusiasm among the NSS volunteers and other students during the drive. The donation started sharp at 10.00am. The drive was kept open for Faculty, Staff, Non-Teaching Staff, Students as well as outsiders.



NSS Group, Principal, HDFC Bank Officers and the Donors donating blood

Total around 34 bottles of blood were donated. The efforts of the donors and volunteers were appreciated towards this noble cause, as blood donation is the best service to human kind. The HDFC Bank presented a token of appreciation to all the donors on the day. By donating blood, one helps the needy and may save a precious life. As per science, when a person donates 350 ml of blood, it helps save four lives.

### **9) Goa Liberation Day (19th December)**

Goa was liberated from the clutches of the Portuguese on 19th December 1961. NSS Unit of V.M. Salgaocar College of Law celebrated Goa Liberation Day with a lot of enthusiasm. The celebrations started with Principal Dr. M.R. K. Prasad unfurling the national flag.

The faculty and students sang the national anthem after which they assembled in the college conference hall. NSS volunteers of F.Y.B.A.LL.B organised a wonderful event comprising of patriotic songs, speeches, poems, skit, quiz and other programmes.



Cultural programme by F.Y.BA LL.B. Students

The celebration concluded after distributing refreshments to the faculty and students.

### 10) Republic Day Celebration (26<sup>th</sup> January 2019)

NSS unit celebrated the 70th Republic day of India on 26th January 2019 with great vigor. The day began at 8:45 am with the hoisting of the National Flag at the hands of Principal Prof. Dr. M.R.K.Prasad.



Unfurling of the National Flag at the hands of Principal & Cultural Performance of the Students

This was followed by programme in the college conference hall organised by 4th year students. The celebration commenced with a patriotic song sung by the students. Later, Principal addressed the gathering on relevance of Republic Day.

This was followed by quiz, where participation was open for the students as well as the faculty. Audience was enticed over the cultural performance of the students. Further, the students depicted the traditional outfit of the people residing in different parts of India to project cultural diversity of our country. The final performance of the students was a parliamentary debate.

The programme ended with National Song.

### **11) Old age home visit (20<sup>th</sup> February 2019)**

To commemorate the success of Deendayal Antyodaya Yojana – National Urban Livelihood Mission (DAY-NULM), the NSS Unit of the College in association with Corporation of the City of Panaji paid visit to the Old age home '*Assistencia Goa*', Panaji on 20<sup>th</sup> February. DAY-NULM is an ongoing program of the Government of India under the Ministry of Housing & Urban Affairs.

The residents of the home expressed their happiness over the visit. The students sang songs, played games and had a hearty chat with the residents. Snacks were distributed by the Corporation members during the visit.



Visit to Assistencia Goa (Old age home), Panaji



## NSS Awards

On the day of Annual Prize Distribution scheduled on 9th March 2019, the NSS unit of the college awarded token of appreciation along with a certificate to the NSS unit student overall incharges Mr. Sairaj and Ms. Meghana (4<sup>th</sup> Year B.A. LL.B.) for their sincere dedication, commitment and selfless service for the social cause and community. The programme provided a platform to motivate the NSS students to commit themselves towards the cause of the society.



Mr. Sairaj (NSS Unit overall student incharge) receiving award at the hands of Chief Guest Mr. Sidharth Kunkolienkar (Vice Chairman GSIDC)