DEVI SHARVANI EDUCATION SOCIETY'S V.M. SALGAOCAR COLLEGE OF LAW

Miramar, Panaji- Goa Department of Sports

Annual Sports Report 2023-2024

09th International Day of Yoga Celebration

Department of Physical Education & Sports of V. M Salgaocar College of Law guided by Physical Education Instructor Mr. Lavu Govekar, organised 9th International Yoga Day in association with "Har Ghar Dhyaan" on 21st June, 2023 at college conference hall. The resource person for the same was Adv. Ms. Neela Navelkar along with instructor Ms. Purva Prabhu and Guest Dr. Mrs. Sujata Borkar. The session was attended by college students along with faculty and staff members. The event started with an enlightening address by Principal sir Dr. Shabbir Ali G. The session was started with a mobility session guided by Ms. Purva Prabhu. She enrolled in breathing and warmup exercises along with few Yogic asanas; Tadasana, Trikonasana, Anuvittasana, Uttanasana and Sukhasana.

The session was further lead by resource person Adv. Mrs. Neela Navelkar who talked about breathing exercises and taught the audience Pranayam and precisely Anulom-Vilom exercises. She emphasised on the importance of breathing exercise and how it benefits one to stay stress, anxiety and tension free. They also talked about the Art of Living Foundation a brainchild of Shri Shri Ravishankar. They also briefed the audience about how it focuses on enhancing the Yogic practices and knowledge for all. Art of Living foundation has its main agenda of reaching out to the masses; every household with its ideology of Yoga and Meditation. They introduced to us the lateral importance of Yoga and meditation in one's life and how it's improves concentration along with overall Mental and Physical well-being.

The audience had a great learning experience. The session was marked closed by a vote of thanks by HOD Professor Dr. B. S Patil.





National Sports Day

Celebrated National Sports Day 2023 on 29th August on the occasion of the Birth Anniversary of Hockey Legend, Late Major Dhyan Chand.

To Commemorate the celebration of the National Sports Day "Fit India pledge was pledged" by students and staff. Physical Fitness activity was organized in the College Campus.









Inter-Collegiate Achievments

- 1) Judo Men/Women Inter-Collegiate Championship organised by Goa University 2023-2024
- Dhruv Kumar Silver Medal (FY BALLB)
- Advait Kumar Bronze Medal (TY BALLB)





- Iram Irshad Khatri Gold Medal (TY BALLB)
- Priti Kalmankar Gold medal (FY LLB)
- Vishaka Malik Silver Medal (FY BALLB)
- Sanskruti Amonkar Silver Medal (SY BALLB)

Emerged as Winners of Goa University, Iram Khatri awarded best Judo player of Goa University





- 2) Taekwondo Men/Women Intercollegiate Championship organized by Goa University 2023-24.
 - Alok Naik Bronze Medal (FY LLB)
 - Kareena Shirodkar Gold Medal (FY LLM)
 - Sushma Madkaikar Bronze Medal (SY BALLB)







- 3) Powerlifting Women Intercollegiate Championship organized by shree Damodar College, Margao on 4th September 2023.
 - Iram Irshad Khatri Gold Medal (TY BALLB)
 - Ishwari Vernekar Bronze Medal (SY LLB)
- 4) Body Building Inter-Collegiate Championship organised by Goa University 2023-24
 - Ashutosh Kerkar Gold Medal (SY LLB)
 - Keagan Ferrao Silver Medal (TY LLB)
 - Vishves Govekar- Silver Medal (TY LLB)
 - John Po 4th place (TYLLB)
 - Vedarsh Malhar 4th place (FY LLB)

Emerged as Runner up Champions of Goa University





5) Weightlifting Men Intercollegiate Championship organised by Goa University 2023-24

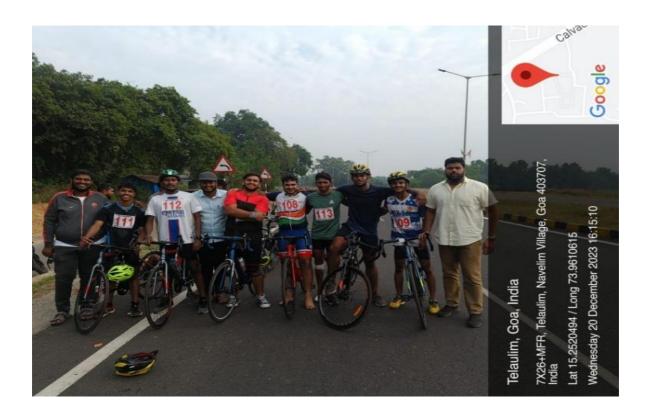
• Ajinkya Raut- Bronze Medal (TY BALLB)



Men's Cycling 35kms Inter-Collegiate Championship held at Navelim Organised by Goa University.



Amit Suthankar (FYBALLB) won Bronze Medal



Athletics Inter-Collegiate Championship held at SAG Stadium Bambolim organized by Goa University.

Secured 2nd place in March-Past at Inter-Collegiate Athletic Championship Trusha Desai (TYBALLB) won Bronze Medal in Shot Put





Semi-finalist in Basketball at Inter-Collegiate Championship held at Manohar Parrikar Indoor Stadium, Navelim organised by Goa University.

Women's Team: -

- 1. Yutika Zambaulikar (5th BALLB)
- 2. Mourisca Fernandes (TYBALLB)
- 3. Ahlia Hussain (TYBALLB)
- 4. Lynelle Lobo (TYBALLB)
- 5. Carol Lobo (TYBALLB)
- 6. Anabel Noronha (TYBALLB)
- 7. Rhea Rao (FYBALLB)
- 8. Kareena Shirodkar (FYLLM)
- 9. Siya Gosavi (4th BALLB)
- 10.Isha Khalap (TYBALLB)

11.Riddhi Shirodker (SYLLB)

12. Vishaka Malik (5th BALLB)

Participated in Basket Ball Championship organised by Goa University. Men's Team: -

- 1. Advait Kumar (TYBALLB)
- 2. Mervyn DeNazareth (TYBALLB)
- 3. Asif Khan (4th BALLB)
- 4. Vernon Dias (FYBALLB)
- 5. Gladwin De Souza (TYBALLB)
- 6. Michael Lobo (SYLLB)
- 7. Vilroy Dsouza (TYLLB)
- 8. Nivan Braganza (4th BALLB)
- 9. Clinton Desouza (FYLLM)
- 10.Jay Pawar (5th BALLB)

Powerlifting Women Intercollegiate championship organized by Goa University 2023-24

- Iram Khatri Gold Medal
- Ishwari Vernekar Bronze Medal

Emerged as champions of Goa University



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Participated in Table Tennis at Inter-Collegiate Championship held at SAG campal Sports Complex Organised by Goa University.

Men's Team:

- 1. Roland Braganza (SYLLB)
- 2. Eshaan Patil (5th BALLB)
- 3. Amogh Bawachikar (SYBALLB)
- 4. Swayam Chodankar (SYBALLB)
- 5. Sarthak Shetgaonkar (TYBALLB)

Women's Team:

- 1. Khushi Naik (SYBALLB)
- 2. Adity Dharwadkar (TYLLB)
- 3. Arya Nadkarni (FYBALLB)
- 4. Simran Kanekar (4th BALLB)
- 5. Shivani Nadkarni (SYLLM)



Participated in Badminton (Women) at Inter-Collegiate Championship held at SAG campal Sports Complex organised by Goa University

- 1. Diya Dhargalkar (FYBALLB)
- 2. Prapti Naik Gaunekar (4th BALLB)
- 3. Hiral Kenaudekar (TYBALLB)
- 4. Isha Khalap (4TH BALLB)



Participated in Chess at Inter-Collegiate Championship held at Caculo college Mapusa, Goa University

- 1. Aishwarya Thorat (TYLLB)
- 2. Srushti Haldankar (5th BALLB)
- 3. Saloni Parab (5th BALLB)
- 4. Prathamesh Nayak (SYBALLB)
- 5. Shreyash Dilip Lotlikar (TYBALLB)
- 6. Sanskriti Naroji (TY BALLB



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Participated in Swimming at Inter-Collegiate Championship held at Campal Panjim/SAG organised by Goa University.

Men's:

• Reuben D'Souza (SYLLB)

Women's:

• Manasvi Tanksale (FYBALLB)



• Participated in X-Country at Inter-Collegiate Championship held at Goa University Campus organized by Goa University.

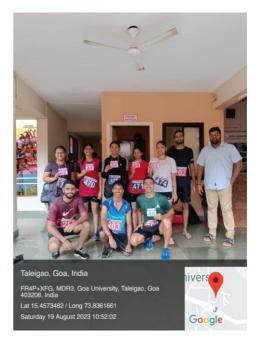
Men's Team:

- 1. Mylen D'Souza (SYLLB)
- 2. Aditya Tanksali (TYLLB)
- 3. Vrushab Prabhu (TYLLB)
- 4. Tej Volvoikar (FYBALLB)

Women's Team:

- 1. Gauri Kalangutkar (FYLLM)
- 2. Ashwini Rathod (4th BALLB)
- 3. Snejana Pereira (4th BALLB)
- 4. Siya Gosavi (4th BALLB)
- 5. Simran Pednekar (4th BALLB)





Participated in Tennikoit Inter-Collegiate Championship held at Jubliee Hall Goa University.

Men's Team: -

- 1. Prabhat Nagar (SYLLB)
- 2. Shivam Vengurlekar (5th BALLB)
- 3. Aniket Murgaonkar (SYLLB)
- 4. Shwetang Ghanekar (SYLLB)
- 5. Shane Lobo (5th BALLB)

Women's Team: -

- 1. Tanika Nachinolkar (TYLLB)
- 2. Jagruti Bhomkar (4th BALLB)
- 3. Priyanka Borkar (5th BALLB)
- 4. Shivani Banaule (5th BALLB)





Participated in Football at Inter-Collegiate Championship held at University Ground/Rosary College organized by Goa University.

Men's Team:

- 1. Keagan Ferrao (TYLLB)
- 2. Udhav Naik (SYLLB)
- 3. Anistro Fernandes (SYBALLB)
- 4. Keval Shirodkar (FYBALLB)
- 5. Pearce D'Souza (FYBALLB)
- 6. Omkar Pawar (FYLLB)
- 7. Brahmesh Pilankar (FYLLB)
- 8. Aditya Vengurlekar (FYLLB)
- 9. Shoaib Shaikh (FYBALLB)
- 10. Aalok Halarnkar (SYBALLB)
- 11. Sankalp Tawadkar (4th BALLB)
- 12. Aditya Gad (SYLLB)
- 13. Shivam Kalangutkar (4th BALLB)
- 14. Valentim Shaine (TYBALLB)
- 15. Uddesh Naik Dessai (TYLLB)
- 16. Pranay Malik (TYLLB)
- 17. Siddhant Sawant (4th BALLB)
- 18. Vilroy D'Souza (TYLLB)
- 19. Vishvesh Govekar (TYLLB)

20. Leandro Lobo (SYBALLB)

Women's Team: Semi-Finalist

- 1. Mackline Ribeiro (SYLLB)
- 2. Apurva Vaigankar (SYLLB)
- 3. Ahlia Hussain (TYBALLB)
- 4. Anabel Noronha (TYBALLB)
- 5. Divya Tuyekar (FYLLB)
- 6. Riddhi Shirodker (SYLLB)
- 7. Neha Gawade (TYLLB)
- 8. Chloe Fernandes (FYBALLB)
- 9. Swamini Lotlikar (TYLLB)
- 10. Joann D'Costa (5th BALLB)
- 11. Sakshi Naik (SYBALLB)
- 12. Dilivia Dias (TYBALLB)
- 13. Varda Ambekar (5th BALLB)
- 14. Rizzeria Pacheco (5th BALLB)
- 15. Prabha Naik (TYLLB)
- 16. Sanyukta Dhargalkar (5th BALLB)
- 17. Reeya Shetye (SYLLB)
- 18. Tasmi Mapari (TYLLB)
- 19. Sejal Vishwakarma (5th BALLB)



Participated in Tennis at Inter-Collegiate Championship held at B.P.S, Margao organised by Goa University.

- 1. Sashrik Talaulikar (5th BALLB)
- 2.
- 3. Nachiket Dilip Naik (TYLLB)



Participated in Kabaddi at Inter-Collegiate Championship held at Goa University.

Men's Team:

- 1. Ajinkya Raut (TYBALLB)
- 2. Nidhish Pirankar (4th BALLB)
- 3. Gururaj Kulkarni (4th BALLB)
- 4. Gauresh Raut (5th BALLB)
- 5. Shreyash Kalangutkar (FYBALLB)
- 6. Deepesh Divkar (FYBALLB)
- 7. Pundalik Palyekar (4th BALLB)
- 8. Kunal Vernekar (5th BALLB)

Women's Team:

- 1. Tina Halankar (TYBALLB)
- 2. Siya Parab Gaonkar (TYBALLB)
- 3. Prachi Murgaonkar (TYBALLB)
- 4. Siya Naik (TYBALLB)
- 5. Prerna Gawde (4th BALLB)
- 6. Lynelle Lobo (TYBALLB)
- 7. Jagruti Bhomkar (4th BALLB)
- 8. Anisha Fadte (5th BALLB)
- 9. Swamini Lotlikar (TYLLB)
- 10. Sonali Gaonkar (SYLLB)





Participated in Handball at Inter-Collegiate Championship held at Goa University Ground organized by Goa University.

Men's Team:

- 1. Keval Shirodkar (FYBALLB)
- 2. Roland Braganza (SYLLB)
- 3. Keagan Ferrao (TYLLB)
- 4. Varadhraj Shirodkar (FYBALLB1
- 5. Shivam Kalangutkar (4th BALLB)

- 6. Geetesh Kalangutkar (SYLLB)
- 7. Ashhad Belwadi (FYBALLB)
- 8. Akshat Bhobe (FYBALLB)
- 9. Eshaan Patil (5th BALLB)
- 10. Vishvesh Govekar (TYLLB)
- 11. Aditya Gad (SYLLB)
- 12. Vilroy D'Souza (TYLLB)
- 13. Kashyap Kamat (5th BALLB)
- 14. Anistro Fernandes (SYBALLB)
- 15. Vrushabh Pednekar (TYLLB)
- 16. Sashrik Talaulikar (5th BALLB)

Women's Team:

- 1. Riddhi Shirodkar (SYLLB)
- 2. Ciya Fernandes (TYBALLB)
- 3. Joann D'Costa (5th BALLB)
- 4. Ashwini Rathod (4th BALLB)
- 5. Snejana Pereira (4th BALLB)
- 6. Simran Pednekar (4th BALLB)
- 7. Neha Gawade (TYLLB)
- 8. Sanyukta Dhargalkar (5th BALLB)
- 9. Dikshita Kalangutkar (4th BALLB)
- 10. Siya Gosavi (4th BALLB)
- 11. Chloe Fernandes (FYBALLB)
- 12. Priti Kalmankar (FYLLB)
- 13. Shivani Banaule (5th BALLB)
- 14. Sonia Dessai (5th BALLB)
- 15. Varda Ambekar (5th BALLB)







Participated in Kho-Kho at Inter-Collegiate Championship held at Goa University Ground organized by Goa University.

Men's Team: -

- 1. Swapnil Naik (5th BALLB)
- 2. Gaurish Raut (5th BALLB)
- 3. Prabhat Nagar (SYLLB)
- 4. Adarsh Valaulkar (TYLLB)
- 5. Aniket Murgaonkar (SYLLB)
- 6. Krupal Kankonkar (SYBALLB)
- 7. Suyash Parab (SYBALLB)
- 8. Sanjeet Shirvoikar (SYBALLB)
- 9. Shivam Vengurlekar (5th BALLB)
- 10. Narayan Gosavi (5th BALLB)
- 11. Shwetang Ghanekar (SYLLB)
- 12. Rutvik Dabholkar (SYBALLB)
- 13. Tejas Mapari (SYBALLB)

Participated in Hockey at Inter-Collegiate Championship held at Peddem Hockey Turf organized by Goa University.

Men's Team: -

- 1. Swapnil Naik (5th BALLB)
- 2. Ayush Fadte (TYBALLB)
- 3. Atmaram Dhargalkar (5th BALLB)
- 4. Deepraj Borkar (5th BALLB)
- 5. Sashrik Talaulikar (5th BALLB)
- 6. Mylen D'souza (SYLLB)
- 7. Tanay Parsekar (SYLLB)
- 8. Shane Lobo (5th BALLB)
- 9. Dhruv Kumar (4th BALLB)
- 10. Shreyash Morajkar (4th BALLB)
- 11. Shivam Vengurlekar (5th BALLB)
- 12. Nilkanth Parab (SYLLB)
- 13. Aashutosh Kerkar (SYLLB)
- 14. Manjish Otavanekar (FYLLB)
- 15. Siddhant Karpe (4th BALLB)
- 16. Hritvik Pangam (4th BALLB)
- 17. Amogh Vaigankar (4th BALLB)

Women's Team: -

- 1. Priyanka Borkar (5th BALLB)
- 2. Sejal Vishwakarma (5th BALLB)
- 3. Shaina Reddy (TYBALLB)
- 4. Isha Fernandes (SYBALLB)
- 5. Dilivia Dias (TYBALLB)
- 6. Siya Kumbhar (TYBALLB)
- 7. Saieka Naik (TYBALLB)
- 8. Siya Gosavi (4th BALLB)
- 9. Riddhi Shirodker (SYLLB)
- 10. Srehya Kandolkar (SYLLB)
- 11. Vishaka Malik (5th BALLB)
- 12. Ruhee Anvekar (5th BALLB)
- 13. Veena Govekar (TYLLB)
- 14. Yutika Zambaulikar (5th BALLB)

- 15. Saheli Kalshaokar (5th BALLB)
- 16. Sonali Gaonkar (SYLLB)
- 17. Meghan Madhale (4th BALLB)





Participated in Volleyball Inter-Collegiate Championship held at Goa University Ground organized by Goa University.

Men's Team: -

- 1. Brahmesh Pilankar (FYLLB)
- 2. Sahil Bandodkar (SYBALLB)
- 3. Raul D'Souza (FYLLB)
- 4. Abhinav Manerikar (5th BALLB)
- 5. Sarthak Shetgaonkar (TYBALLB)
- 6. Ashutosh Shetgaonkar (TYLLB)
- 7. Gopal Shetkar (FYLLB)
- 8. Mithilesh Pokle (FYLLB)
- 9. Sankalp Talwadkar (4th BALLB)
- 10. Shreyash Prabhugaonkar (4th BALLB)
- 11. Dattaram Dalvi (TYBALLB)
- 12. Pratham Naik Haldankar (TYBALLB)

Women's Team: -

- 1. Riya Harmalkar (TYBALLB)
- 2. Durva Pednekar (4th BALLB)
- 3. Varada Natekar (TYBALLB)
- 4. Riddhi Shirodker (SYLLB)
- 5. Sushma Madkaikar (TYBALLB)
- 6. Sara Desai (TYLLB)
- 7. Dilivia Dias (TYBALLB)
- 8. Priya Chari (TYLLB)
- 9. Clita Gonsalves (TYLLB)
- 10. Bibi Rabiya Basri (5th BALLB)
- 11. Shaina Reddy (TYBALLB)



Participated in Cricket Inter-Collegiate Championship held at Goa University Ground, organized by Goa University. Women team played quarter finals.

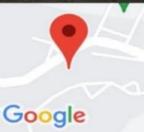
Men's Team: -

- 1. Swayam Naik (FYLLB)
- 2. Abhishek Dhawaskar (SYLLB)
- 3. Shoaib Shaikh (FYBALLB)
- 4. Rajat Morajkar (4th BALLB)
- 5. Nikhil Ganpule (SYLLB)
- 6. Pranay Malik (TYLLB)
- 7. Vaibhav Bandekar (FYLLM)
- 8. Uddesh Bhiku Naik Dessai (TYLLB)

- 9. Sahil Pednekar (FYBALLB)
- 10. Siddhant Sawant (4th BALLB)
- 11. Vishvesh Govekar (TYLLB)
- 12. Ashwin Shetgaonkar (SYLLB)
- 13. Shwetang Ghanekar (SYLLB)
- 14. Shreyas Kalangutkar (FYBALLB)
- 15. Satyam Ghogale (FYLLM)
- 16. Amogh Bawachikar (SYBALLB)



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DEVI SHARVANI EDUCATION SOCIETY'S V.M. SALGAOCAR COLLEGE OF LAW, MIRAMAR 6th INTER-COLLEGIATE T-10 LEATHER BALL TOURNAMENT HELD AT GOA UNIVERSITY GROUND On 19th and 20th February 2024

Day 1: 19th February 2024

The tournament was inaugurated by the Chief Guest Freedom Fighter Rohidas Dessai, Guest of Honour Principal Dr. Shaber Ali G, Administrator Dr. D.P. Pednekar, Prof. Dr. Sandhya Ram, Instructor in Physical Education & Sports Mr. Lavu Govekar and Sports Secretary Ms. Joann D'Costa.

Total 7 teams participated for the tournament.

<u>Match 1:</u> Played between V.M. Salgaocar college of law and Government College Borda. V. M. Salgaocar college of law won by 6 wickets. The man of the match was Sahil Khot.

<u>Match 2:</u> Played between Dempo College and Damodar College. Dempo college won by 6 wickets. Man of the match was Abhinandan Thakur.

<u>Match 3:</u> Caculo college vs MES college. Caculo college won by 4 runs. Man of the match was Saish Kerkar

Match 4: Goa university got a walk over due to Dhempe college's withdrawal.

Day 2: 20th February 2024

<u>Semi final 1:</u> Played between Dempo college and Goa university. Goa university won the toss and elected to bat. Goa university scored 39/5 in 10 overs. In reply Dempo scored 40/2 in 5.2 overs. Dempo won by 8 wickets. Mihir Gawde of Dempo college was adjudged man of the match for his brilliant bowling spell of 2 for 4 in 2 overs.

<u>Semi Final 2:</u> Played between V.M. Salgaocar college of law and Caculo College: V. M.S college of law won the toss and elected to field. Caculo college scored 81/2 in 10 overs. In reply V.M.S college of law scored 83/5 in 8.5 overs. V.M.S college of law won by 5 wickets. Man of the match was Pranay Malik for scoring 23 runs in 15 deliveries and taking 1 wicket in 2 overs by giving 1

<u>Finals</u>

Played between V.M. Salgaocar college of law and Dempo college.

V.M. Salgaocar college of law won the toss and elected to field. Dempo college scored 89/6 in 10 overs. In reply VMSCL scored 89/3 in 10 overs. The match went for super over VMSCL scored 16 runs without any loss. Dempo in reply scored 12 runs without any loss VMSCL won by 4 runs.

For Winners trophy+ cash prize 8,000 and for Runners up team trophy+ cash prize 6,000 was awarded.

Man of the match was awarded to Satyam Ghogale from VMSCL for his tremendous performance in bowling as well as batting.

Special prize to Satyam Ghogale for his outstanding performance in final by an anonymous well-wisher.

Best catch of the tournament: Pranay malik of VMSCL in match 1, VMSCL Vs Government college Borda.

Best fielder of tournament: Saish Kerkar Caculo college

Best bowler of the tournament: Abhinandan Thakur, Dempo college

Best batsman of the tournament: Devanshu Mangueshkar, Dempo college.

Player of the tournament: Satyam Ghogale, VMSCL

For valedictory ceremony, Mr Balachandra Jadar (Assistant Director of Physical Education & Sports Goa University) was the Chief Guest, Dr. Micheal Dias (College Director of Physical Education & Sports, Dempo College) was Guest of Honour, along with Principal Dr. Shaber Al. G, Instructor in Physical Education & Sports and Sports Secretary Ms. Joann D'Costa.









Inter-Class Events

The following events were organized on 12th, 13th, 14th & 15th March 2024

Futsal, Lagori, Cycling, Strong Man & Woman, Volleyball, Tug-of-War and Control Cricket.

12th March

6-a-side Futsal tournament was held at Caculo Play Ground. Total 8 teams participated. Each team consisted of 6 players with 3 substitutes. 2 girls had to play mandatorily in the first half.

Finals was played between 4th year BALLB and 2nd year LLB.

Total Score: 2-1

Goal Scorers: - Mackline Ribeiro & Udhav Naik from 2nd year LLB Azif Khan from 4th year BALLB <u>Winners:</u> 2nd year LLB <u>Runners-Up:</u> 4th year BALLB. Participants of 2nd year LLB: -

- 1. Mackline Ribeiro
- 2. Abhishek Dhawaskar
- 3. Udhav Naik
- 4. Devang Naik
- 5. Aashutosh Kerkar
- 6. Mylen D'Souza
- 7. Reeya Shetye

Participants of 4th year BALLB:

- 1. Siya Gosavi
- 2. Simran Pednekar
- 3. Siddhant Sawant
- 4. Obadiah Moraes
- 5. Azif Khan
- 6. Shivam Kalangutkar
- 7. Sachit Bhagat
- 8. Amit Solienkar



13th March

Lagori was held in the College Campus. Total 8 teams participated. Each team consisted of 7 players with 2 substitutes. 2 girls had to play mandatorily.

Finals was played between 3^{rd} year LLB and 5^{th} year BALLB

Winners: 5th year BALLB

<u>Runners-Up:</u> 3rd year LLB.

Participants of 3rd year LLB: -

- 1. Pranay Malik
- 2. Suyesha Parab
- 3. Ashutosh Shetgaonkar
- 4. Sara Desai
- 5. Vishvesh Govekar
- 6. Shubham Rao Dessai
- 7. Priya Chari

Participants of 5th year BALLB: -

- 1. Gaurish Raut
- 2. Narayan Gosavi
- 3. Sashrik Talaulikar
- 4. Priyanka Borkar
- 5. Varda Ambekar
- 6. Deepraj Borkar
- 7. Eshaan Patil



On the same day Cycling Men & Women was also held in the college campus.

In Cycling Men, there were total 8 participants 1 from each batch.

First place: Amit Sukhtankar from 1st year BALLB

Second place: Ashutosh Shetgaonkar from 3rd year LLB

Third place: Raul D'Souza from 1st year LLB.

In Cycling Women, there were total 5 participants 1 from each batch.

First place: Siya Gosavi from 4th year BALLB

Second place: Shivani Banaule from 5th year BALLB

<u>Third place</u>: Veda Kamat from 1st year BALLB.

Strong Man & Woman was also held on 13th March in the college Campus. There were various tasks given which the participants had to complete all in one go.

In Strong Man, there were total 7 participants 1 from each batch.

First place: Vedarsh Malhar from 1st year LLB

Second place: Aashutosh Kerkar from 2nd year LLB

Third place: Hritvik Pangam from 4th year BALLB.

In Strong Woman, there were total 6 participants 1 from each batch.

First place: Siya Gosavi from 4th year BALLB

Second place: Isha Fernandes from 2nd year BALLB

Third place: Vishaka Malik from 5th year BALLB.

14th March

Volleyball was held on the Miramar beach. Total 8 teams participated. Each team consisted of 6 players with 3 substitutes. 2 girls had to mandatorily play for at least 2 sets. All games were best of 3.

<u>First place</u> was shared between 2nd year LLB and 3rd year LLB.

Participants of 2nd year LLB: -

- 1. Devang Naik
- 2. Abhishek Dhawaskar
- 3. Nikhil Ganpule
- 4. Udhav Naik
- 5. Siya Gosavi
- 6. Reeya Shetye
- 7. Aashutosh Kerkar
- 8. Ashwin Shetgaonkar
- 9. Prabhat Nagar

Participants of 3rd year LLB: -

- 1. Pranay Malik
- 2. Ashutosh Shetgaonkar
- 3. Vishvesh Govekar
- 4. Shubham Rao Dessai

- 5. Uddesh Naik Dessai
- 6. Sara Desai
- 7. Sara Barneto
- 8. Priya Chari
- 9. Bhagyawati



On the same day Tug-of War for Men & Women was also held on the Miramar beach. Matches were best of 3 pulls.

In Tug-of-War Men, total 7 teams participated 8 from each batch.

<u>First place:</u> 1st year BALLB

Second place: 4th year BALLB Participants of 1st year BALLB: -

- 1. Sahil Vengurlekar
- 2. Gautam Aroskar
- 3. Manjish Otavanekar
- 4. Swayam Naik
- 5. Vedarsh Malhar
- 6. Saiel Farterpekar
- 7. Brahmesh pilankar
- 8. Gopal Shetkar

Participants of 4th year BALLB: -

- 1. Siddhant Karpe
- 2. Sachit Bhagat
- 3. Rajat Morajkar
- 4. Nivan Braganza
- 5. Hritvik Pangam
- 6. Amogh Vaigankar
- 7. Adityarana
- 8. Siddhant Sawant

In Tug-of-War Women, total 8 teams participated 8 from each batch.

First place: 4th year BALLB **Second place:** 1st year LLB

Participants of 4th year BALLB: -

- 1. Simran Kanekar
- 2. Siya Gosavi
- 3. Vidhiti Pednekar
- 4. Sanisha
- 5. Ashwini Rathod
- 6. Mitali
- 7. Medolly
- 8. Vaishnavi

Participants of 1st year LLB: -

- 1. Lisha
- 2. Janit
- 3. Gauri
- 4. Shrija
- 5. Shefali
- 6. Akshata
- 7. Divya
- 8. Dishanka



15th March

Control Cricket was held in the College Campus. Total 6 teams participated. Each team consisted of 5 men and 2 women. 1 over was compulsory by a woman.

Finals was played between 2nd year LLB and 4th year BALLB. 4th year BALLB won the toss and chose to bowl. 2nd year LLB scored 39 runs in 3 overs. 4th year BALLB scored 33 runs in 3 overs.

Winners: 2nd year LLB won by 6 runs.

<u>Runners-Up:</u> 4th year BALLB.

Participants of 4th year BALLB: -

- 1. Simran Kanekar
- 2. Siya Gosavi
- 3. Siddhant Sawant
- 4. Siddhant Karpe
- 5. Shreyash
- 6. Sachit Bhagat
- 7. Sanjkalp



Participants of 2nd year LLB: -

- 1. Reeya Shetye
- 2. Akshaya Shetye
- 3. Mylen D'souza
- 4. Nikhil Ganpule
- 5. Abhishek Dhawaskar
- 6. Ashwin Shetgaonkar
- 7. Shwetang Ghanekar

National Level Achievements

- Ms. Kareena Rajesh Shirodkar (FY LLM) Secured Gold Medal in Pencak Silat Game at 37th National Games held on 25th October to 09th November 2023.
- Ms. Arya Pednekar (FY LLB) Secured Gold Medal in SQAY Martial Arts event in the 37th National Games held on 25th October to 09th November 2023.
- Mr. Mylen D'souza (SY LLB) Participated in Hockey at 37th National Games held on 25th October to 09th November 2023.
- Mr. Manjish Amar Otavanekar (FY LLB) Participated in WUSHU at 37th National Games held on 25th October to 09th November 2023.
- **Mr. Nachiket Dilip Naik (TY LLB)** Participated in Mini Golf at 37th National Games held on 25th October to 09th November 2023.
- Ms. Iram Irshad Khatri (TY BALLB) Participated in Judo at 37th National Games held on 25th October to 09th November.
- Ms. Iram Irshad Khatri (TY. BALLB) Secured Gold Medal in Powerlifting Game at 30th National Powerlifting Championship held on 26th to 31th January 2024.
- Ms. Iram Irshad Khatri (TY. BALLB)- Participated in West-Zone Inter University Judo Championship in Amritsar from 4th-9th February 2024
- Ms. Priti Kalmankar (FY LLB) Participated in West-Zone inter University Judo championship and qualified for all India Inter-University Judo Championship held in Amritsar Punjab from 4th -9th February 2024.

Ms.Iram Irshad Khatri National Gold Medalist





Ms. Kareena Shirodkar National Games Gold Medalis







Mr. Mylen D'souza National Games Participation



State Level Achievements

Weightlifting women all Goa championship, Khelo India- Organized by weightlifting association of Goa on 23rd July and 2nd September 2023.

• Iram Khatri won 2 Gold medals and selected for National Games Goa.



Iram Irshad Khatri (TY. BALLB) secured a Gold Medal at North Goa State Zonal Women's Weightlifting Championship held on 2nd March 2024.

Iram Khatri secured 3 Gold Medals at State Powerlifting Championship held at vasco on 9th September 2023, in junior and senior category.





Khelo India Women's WUSHU LEAGUE Inter state championship, on 28th & 29th August,2023 at indoor stadium Campal, Panjim.

- Veena Govekar Silver Medal (TY LLB)
- Bhaghyawati Guddannavas Bronze Medal (TY LLB)





Iram Irshad Khatri won 4 Gold Medals at Guru Shree All Goa State Powerlifting Championship 1st October, 2023 at Cortalim. Advait Kumar (TYBALLB) secured Bronze medal at Goa state weightlifting Championship organised by weightlifting association of Goa on 23rd July 2023



John Po (SY LLB) secured 3rd place in bodybuilding held on 23rd Feb 2024 at Mardol Open State Championship



Iram Irshad Khatri won a Silver Medal in All Goa State Deadlift Championship and Won a Bronze Medal in All Goa State Powerlifting Championship.

