

V.M. SALGAOCAR COLLEGE OF LAW
ANNUAL SPORTS REPORT 2022-2023

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS

DIRECTOR: Dr. Sahadev Mandrekar

INSTRUCTOR IN PHYSICAL EDUCATION: Mr. Lavu Govekar



V. M. SALGAOCAR
COLLEGE OF LAW
ESTABLISHED IN 1972

Sports Acheivments 2022-23 1st phase Inter-Collegiate

Won 3 gold medals and emerged as Champions at intercollegiate men's physique championship organized by Goa University held at Jubilee Hall.



**Mr. Keagan Ferrao
SY LLB**



Mr. Vishvesh Govekar SYLLB



Mr. Aman Pandarbale 5th BALLB

Won 1 Gold and 1 Bronze medal at inter collegiate weightlifting championship organized by Goa University held at Jubilee Hall



Participants:

1. Dhruv Kumar : **Gold medal (3rd BALLB) 81Kgs category**
2. Advait Kumar : **Bronze Medal (2nd BALLB) 109kgs category**
3. Ajinkya Raut : (2nd BALLB)
4. Deepam Naik : (2nd BALLB)
5. Nivan Braganza : (3rd BALLB)
6. Clinton D'Souza : (5TH BALLB)
7. Viraj Vasta : (5th BALLB)
8. Hrushikesh Naik: (TY LLB)



Participated at Intercollegiate Powerlifting Championship organized by Goa University at Jubilee Hall.

Participants:

1. Advait Kumar (2nd BALLB)
2. Ajinkya Raut (2nd BALLB)
3. Deepam Naik (2nd BALLB)
4. Dhruv Kumar (3rd BALLB)
9. Nivan Braganza (3rd BALLB)
5. Ashraf Aghe (1st BALLB)
6. Hrushikesh Naik (TYLLB)
7. Hritvik Pangam (3RD BALLB)

Judo men's team won Runners Up team championship with 2 Gold Medals and 1 Bronze medal at inter collegiate Judo Championship organized by Goa University and Stood 2ND Runners Up in Women's Category with 1 Gold medal, 2 Silver Medals and 2 Bronze Medals held at University Jubilee Hall.



Participants Mens JUDO :

1. Dhruv Kumar **Gold Medal 3rd BALLB**
2. Advait Kumar Ghildiyal **Gold medal 2ND BALLB**
3. Avinash Salgaonkar **Bronze Medal TYLLB**
4. Vilroy D'souza SYLLB
5. Nivan Branganza TY BALLB
6. Viraj Vasta 5TH BALLB



GPS Map Camera

University

Taleigao, Goa, India
FR5M+7X9, Goa University, Taleigao, Goa
403206, India
Lat 15.458187°
Long 73.8349°
21/09/22 02:07 PM GMT +05:30

google



Womens Judo team 2nd RUNNERS UP

1. Iram Khatri **Gold Medal**
SYBALLB
2. Isha Fernandes **Silver Medal** FY
BALLB
3. Sanskruti Amonkar **Silver Medal**
FY BALLB
4. Annuksa Daure **Bronze Medal**
TYLLB
5. Joann D'costa **Bronze Medal** 4th



Women's Taekwondo team won 1 Gold medal & 2 Silver medals at intercollegiate championship organized by Goa University and emerged Runners Up team championship.



Participants:

1. Kareena Shirodkar: **Gold Medal 5TH BALLB**
2. Nazia Shekh : **Silver Medal TYLLB**
3. Saisha Satardekar: **Silver Medal FYLLB**
4. Vidhiti Pednekar: **TY BALLB**
5. Shaina Reddy : **SY BALLB**
6. Sonia Dessai : **4th BALLB**



Ms. Karena Shirodkar
Gold Medal



Shot on OnePlus
Powered by Dual Camera



Shot on OnePlus
Powered by Dual Camera

Ms. Saisha Satardekar
Silver Medal



Shot on OnePlus
Powered by Dual Camera

Ms. Nazia Shekh
Silver Medal



Mr. Dhruv Kumar Bronze Medal winner in Taekwondo

Nian Leitao (5th BALLB) won Silver medal in 50m Back Stroke at inter collegiate Swimming Championship in women's category held at Ponda Sports Complex.

Participants:

- 1. Ms. Nian Leitao : Silver Medal**
- 2. Ms. Trusha Desai : 2nd Year BALLB**
- 3. Ms. Madhav Sinai Cuncolienar : 3rd Year LLB**
- 4. Ms. Yash S. Naik : 5th Year BALLB**

Swimming Team



2nd PHASE:

Participated in Men's Cycling Inter-Collegiate Championship held at Navelim, Goa.

Secured 4th Place.

- **Vaibhav Paithane: 5th Year BALLB**
- **Advait Kumar: 2nd Year BALLB – (15th Position)**
- **Sourabh Navelkar: 5th Year BALLB**
- **Abhyuday: 3rd Year LLB (9th Position)**
- **Richal Shirodkar: 3rd Year LLB**
- **Nishan Govekar: 3rd Year LLB (35th Position)**

- **Sairaj Shetye: 5th Year BALLB (36th Position)**

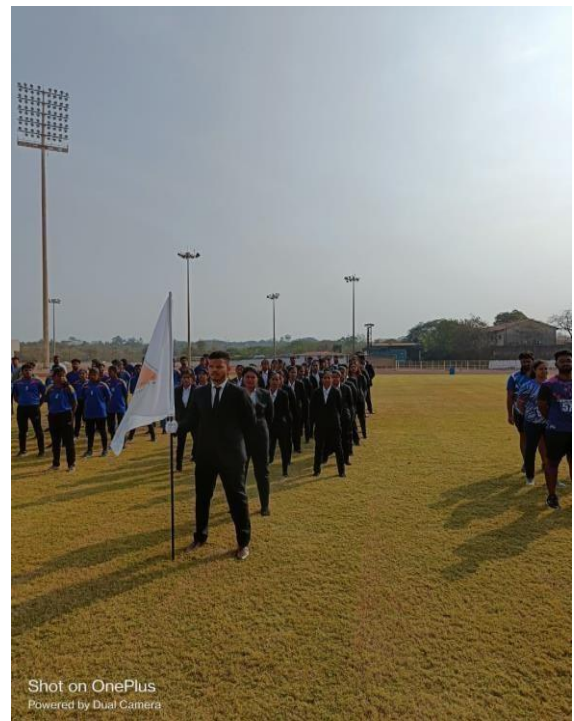


Participated in Inter-Collegiate Basketball Championship (Women). Played in Semi-Finals against Dempo College.



Participated in Inter-Collegiate Athletics Meet held at Bambolim Stadium, Goa.

- Created history by securing 2nd Position in Inter- Collegiate March Past. – Ms. Trusha Desai won silver in Shot Put (Women) SY BALLB





Participated at intercollegiate Handball Championship held at Goa University ground.

MENS TEAM:

1. Satyam Ghogale 5th year
2. Shivam Kalangutkar 5th year
3. Samual Fernandes 5th year
4. Vishvesh Govekar SY LLB
5. Yash Naik 5TH YEAR
6. Eshaan Patil 4TH YEAR
7. Aditya Gad 1st year LLB
8. Roland Fernandes SY LLB
9. Roland Braganza SY LLB
10. Anistro Fernandes 1ST BALLB
11. Keagan Ferrao SY LLB
12. Kashyap Kamat 4TH BALLB
13. Vineet Surlakar 5TH YEAR
14. Sarvesh Talwadkar 3RD BALLB
15. Swapnil Naik 4TH BALLB

WOMENS TEAM.

1. Shivani Nadkarni 1st LLM
2. Tanvi Naik 5th BALLB
3. Varda Ambekar 4th year
4. Ahlia Hussain 2nd year BALLB

5. Dikshita Calangutkar 2nd BALLB
6. Aarambhi Narvekar 3rd LLB
7. Kareena Shirodkar 5th year
8. Riddhi Shirodkar 1st LLB
9. Rudrali Gaude 5th year
10. Arti Palekar SY LLB
11. Niam Leitao 5th BALLB
12. Andrea Rodrigues TY LLB
13. Priyanka Borkar 4th BALLB
14. Vishaka Malik 4th BALLB
15. Aloysia Andrade 5TH BALLB



Participated at intercollegiate **Hockey** Championship held at Pernem sports complex.

MENS TEAM:

1. SHREYASH MORAJKAR 5TH BALLB
2. SHANE LOBO 4TH BALLB
3. ATMARAM DHARGALKAR 4TH BALLB
4. SHIVAM VENGURLEKAR 4TH BALLB

5. SASHRIK TALAULIKAR 4TH BALLB
6. MYLEN D'SOUZA 1ST LLB
7. MRITYUNJAY SHUKLA 5TH BALLB
8. CARLOS SOUZA 5TH BALLB
9. YASH NAIK 5TH BALLB
10. SAMUAL FERNANDES 5TH BALLB
11. NISHIKAR DESSAI 1ST LLM
12. RAVNAK MAYEKAR 1ST LLM
13. NILKANTH PARAB 1ST BALLB
14. TANAY PARSEKAR 1ST BALLB
15. JAY PAWAR 5TH BALLB
16. PRANAY MALIK 2ND LLB

**Participated at intercollegiate KHO
–KHO Championship held at
Fatorda sports complex.**

MEN'S TEAM:

1. PRANAY PARSEKAR 5TH BALLB
2. SHANE LOBO 4TH BALLB
3. SWAPNIL NAIK 4TH BALLB
4. SHIVAM VENGURLEKAR 4TH BALLB
5. SASHRIK TALAULIKAR 4TH BALLB
6. VIRAJ VASTA 5TH BALLB
7. GAURISH RAUT 4TH BALLB
8. ADARSH VALAULIKAR 2ND LLB
9. ATISH RAMJI 5TH BALLB
10. SHRI KRISHNA ALIAS AMOGH SAWALKAR 5TH BALLB
11. RASIK BORKAR 5TH BALLB
12. ADITYA RANA KALANGUTKAR 3RD BALLB
13. NARAYAN GOSAVI 4TH BALLB
14. PRASAD BHATLEKAR 4TH BALLN

WOMENS TEAM:

1. ANUSHKA PHADTE 5TH BALLB
2. KAVERI PAWAR 5TH BALLB
3. SAMIKSHA RAUL 5TH BALLB



4. GAURI KALANGUTKAR 5TH BALLB
5. SHARLENE FERNANDES 5TH BALLB
6. TANAYA BARDE 5TH BALLB
7. RUDRALI GAUDE 5TH BALLB
8. RICHA MAULINGKAR 5TH BALLB
9. RIMA KUDASKAR 5TH BALLB
10. PRABHA NAIK 2ND LLB
11. NEHA GAWADE 2ND LLB
12. TANVI SAWANT 5TH BALLB
13. SUSHMITA GADEKAR 5TH BALLB
14. SONIA DESSAI 5TH BALLB
15. TASMI MAPARI 2ND LLB.

Participated at intercollegiate KABADDI Championship held at Goa University.

MENS TEAM:

1. DAMODAR SHIVOLKAR 5TH BALLB
2. AJINKYA RAUT SY BALLB
3. AYUSH THAKUR SY BALLB
4. MOUFRID ATHANI 5TH BALLB
5. ABHINAV MANERIKAR 4TH BALLB
6. GAURISH RAUT 4TH BALLB
7. TEJAS MAPARI 1SY BALLB
8. NIDHISH PIRANKAR TY BALLB
9. SANJU CHAVAN 2ND LLB
10. IRAJ VASTA 5TH BALLB
11. PUNDOLIK PALEKAR TY BALLB
12. GURURAJ KULKARNI



WOMENS TEAM:

1. SONALI GAONKAR FY LLB
2. JAGRUTI BHOMKAR TY BALLB
3. SWAMINI LOTILIKAR SY LLB
4. PRERNA GAUDE TY BALLB
5. ANISHA FADTE 4TH BALLB
6. JOAAN D'COSTA 4TH BALLB
7. NUTAN SHINDE 3RD LLB
8. LYNELLE LOBO SY BALLB
9. SONALI GAONKAR FYLLB
10. SIYA NAIK SY BALLB
11. SIYA GAONKAR SYBALLB
12. PRACHI MURGAONKAR SYBALLB

Participated at intercollegiate cricket Championship held at Goa University.

Women's TEAM:

1. VARADA NATEKAR SY BALLB
2. ISHA KHALAP SYBALLB
3. ANUSHREE NAIK SY BALLB
4. SAISHA SATARDEKAR FY LLB
5. SAMIKSHA DANTYE SY BALLB
6. SAKSHI NAIK FY BALLB
7. REEYA SHETYE FY LLB
8. SHAHSHA GADHI 5TH BALLB
9. RIDDHI SHIRODKAR FY LLB
10. JOANN D'COSTA 4TH BALLB
11. SIMRAN KANEKAR TY BALLB
12. ANISA DIAS SY LLB
13. MITALI SHIRVANKAR TY BALLB
14. ASHWINI RATHOD TY BALLB
15. BHAGESHREE CHARI TY LLB
16. TANVI NAIK 5TH BALLB



MEN'S TEAM: Quarter Finalist

1. Anish Falari
2. SIDDHANT SAWANT SY BALLB
3. VISHVESH GOVKAR SY LLB
4. SHWETANG GHANEKAR FY LLB
5. UDDESH DESSAI SY LLB
6. VAIBHAV BANDEKAR 5TH BALLB
7. RUSHAB SAWAIKAR TY LLB
8. RAJAT MORAJKAR 3RD BALLB
9. NIKHIL GANPULE FY LLB
10. ABHISHEK DHAWASKAR FY LLB
11. SATYAM GHOGALE 5TH BALLB
12. VEDANG MANERKAR TY LLB
13. SANKALP TALWADKAR 3RD BALLB
14. SHREYASH PRABHUGAONKAR 3RD BALLB
15. KASHINATH POSNAIK 1ST LLM
16. PRANAY MALIK 2ND LLB



INTER-CLASS SPORTS EVENTS 2022-2023

Inter-class Cycling Competition Men was organized on 20th December 2022.

21 km distance

- 1) Abhuday - 1st Place TY LLB
- 2) Advait Kumar - 2nd Place TY BALLB
- 3) Nishan Govekar- 3rd Place FY BALLB

Badminton Men and Women was organized on 16TH AUGUST 2023

- 1) MADHAV CUNCOLIENCAR 1ST PLACE TYLLB
- 2) ABHUDAY SABHARWAL 2ND PLACE TYLLB

WOMEN'S

- 1) ARYA 1ST PLACE TY BALLB
- 2) TANVI NAIK 2ND PLACE 5TH BALLB

CROSS COUNTRY:

MEN:

- 1) DHRUV KUMAR- 1ST PLACE TY BALLB
- 2) VRUSHAB PRABHU- 2ND PLACE SY LLB
- 3) SATYAM GHOGALE - 3RD PLACE 5TH BALLB

WOMEN:

- 1) SIMRAN PEDNEKAR- 1ST PLACE TY BALLB
- 2) RUDRALI- 2ND PLACE 5TH BALLB
- 3) MEHAK PARDESI - 3RD PLACE TY BALLB

INTER – CLASS FUTSAL TOURNAMNET ORGANISED ON 22ND OCTOBER 2022.

- 1. FINAL MATCH WAS PLAYED BETWEEN 3RD YEAR DEGREE VS 3RD YEAR BALLB IN WHICH 3RD YEAR DEGREE WON THE MATCH BY 1-0.**

State Level Achievements

Mr. Rohit Naresh Salgaonkar participated at Inter-Collegiate Mr. Goa 2022. He secured First Place and Crowned overall as ‘Champion of Champions’ in Bodybuilding upto and including 70kgs category held on 17th December 2022, Mardol, Goa.

Also won 3rd Place at State Level Bodybuilding Championship

NATIONAL LEVEL PARTICIPATION 2022-23

JUDO & Powerlifting: Iram Irshad Khatri SY BALLB, Represented Goa University at all India judo championship held at Punjab lovely university and Powerlifting championship held at Himachal Pradesh.

HANDBALL: Anistro Fernandes FY BALLB, Represented Goa State Participated in the 44th junior boys National Handball Championship Held at Tiruchirappalli, Tamilnadu, 26th Jan to 30th January 2023.

HOCKEY: Mylen D’Souza FY LLB, Represented Goa University at West Zone Inter-University Hockey (Men) Championship 2022-23 held at ITM University Gwalior.

BOXING: Dhruv Kumar (West Zone- Bronze Medal) TY BALLB Held at Goa.

KARATE: Joann D’Costa (2 Silver Medals) 4TH Year BALLB, won 2 silver medal at 12th NSKA National Karate Championship 2022, held At Tugpurush Vivekanand Sports Complex, Gujarat.

TABLE TENNIS: Amogh Bawachikar Participated at (West Zone) Inter University Bhopal 20th to 27th December 2022.

- 1) SOFT TENNIS: Nachiket Dilip Naik & Vaibhav Pagi participated the 19th senior National Soft Tennis Championship (Men& women) 2022-23 held at Kt School, Bhubaneswar, Odisha from March 19-23.**



**All India Inter-University
Judo Championship:
Iram Irshad Khatri**



**West Zone Boxing
Championship (Bronze
Medal):
Dhruv Kumar**

1ST Alumni T-10 Cricket Tournament

The Alumni Association Sports Department of V.M. Salgaocar College of Law organised the 1st- Alumni T-10 Cricket Tournament on the 16th of April 2023 at Goa University Ground, Bambolim, Goa.

The morning function was graced by Chief Guest, Prof. Dr. M. R. K. Prasad, ex-principal VMSCSL.

The Finals was played between Team Mapusa Advocates and Team Stars. First innings was played by Team Mapusa Advocates at the score of 63/7 and the second Innings was played by Team Stars at the score of 65/1. Team Stars won by 9 wickets.





The Closing Ceremony in the afternoon, welcomed various dignitaries; Guest of Honour, Prof. Mr. Srinivasa Rao, Ex- principal VMSCCL, Chief Guest Mr. Anil S. Dinge, Administrator, Narayan Zantye College of Commerce, Bicholim, Mr. Avid Morajkar, Sports Officer- Goa University, Dr. Mr. Sahadev Mandrekar, Sports Director VMSCCL and Mr. Lavu Govekar, Physical Education Instructor VMSCCL.

The title of Man of the Match for the First Match was given to Mr. Siddhanth Sawant and for The second Match was given to Adv. Mr. Abhijeet. The prizes for the Runners up and Winners were also handed over, by the Chief Guest, Mr. Anil Dinge. The tournament Concluded with a speech by Mr. Anil Dinge and acknowledging the presence of other Dignitaries.

THANK YOU





