

Youth Mental Health and Crime Summary Report (2022-2023)

Introduction:

The Youth Mental Health and Crime course, conducted by V.M. Salgaocar College of Law, Miramar, focused on understanding the interplay between mental health challenges and criminal behaviour among youth from 16th -27th August 2022. This 30-hour program was designed to provide participants with insights into the psychological, social, and legal dimensions of youth crime. A total of 25 students enrolled in the course, which combined academic learning with practical approaches to addressing youth-related issues.

Course Outcomes: The course successfully met the following objectives:


- **Understanding the Link Between Mental Health and Crime:** Students explored how mental health issues contribute to criminal behaviour in young individuals.
- **Legal and Social Frameworks:** Participants gained knowledge of the legal provisions and social policies addressing youth crime and mental health rehabilitation.
- **Preventive and Rehabilitative Strategies:** The course emphasized the importance of early intervention, counselling, and rehabilitation programs to reduce youth crime.
- **Empathy and Advocacy:** Students developed a nuanced understanding of the stigma surrounding mental health, enabling them to advocate for reform and support youth effectively.

Evaluation: The course employed various methods to assess participants:

- **Case Study Analyses:** Students examined real-life cases of youth crime to understand the contributing factors and outcomes.
- **Interactive Discussions:** Group discussions and debates facilitated deeper understanding of the issues.
- **Practical Assignments:** Assignments included drafting policy recommendations and creating awareness campaigns for youth mental health and crime prevention.
- **Feedback Mechanism:** Individual participation and analytical skills were evaluated through presentations and reflective exercises.

Conclusion: The Youth Mental Health and Crime course provided participants with a comprehensive understanding of the complex relationship between mental health and criminal behaviour in youth. By blending theoretical knowledge with practical tools, the program encouraged empathy and proactive engagement in addressing youth mental health and crime. Students were well-prepared to contribute meaningfully to this critical area of social and legal reform.




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