

DEVI SHARVANI EDUCATION SOCIETY'S
V.M. SALGAOCAR COLLEGE OF LAW
Miramar, Panaji- Goa
Department of Sports

Annual Sports Report 2025-2026

National Achievements

Ms. Khushi Naik – 4th Year BALLB and **Ms. Arya Nadkarni** – 3rd Year BALLB represented Goa University at **West Zone Inter-University Table Tennis** Championship, held at Veer Narmad University South Gujarat, 16th to 19th December 2025.



Ms. Priti Ramnath Kalmankar (3rd LLB), **Ms. Isha Fernandes** (4TH BALLB) and **Mr. Advait Kumar** (5th BALLB) after winning **Gold Medals** at Inter-Collegiate Judo Men/Women championships all three students qualified to represent Goa University at **South-West Zone Inter- University** Judo championship, held at SAGE University Bhopal, Madhya Pradesh on 10th to 13th November 2025.

Ms. Priti Ramnath Kalmankar and Ms. Isha Fernandes participated at All India Inter-University, held at Chandigarh University, Mohali, 18th to 22nd March, 2026.



Ms. Iram Khatri 5th Year BALLB

Represented Goa State and Won Bronze Medal at the All-India Asmita Khelo India Women's Weightlifting League (Senior Category), 12th January 2026, held at Modinagar, Uttar Pradesh.



Represented Goa State and Won Bronze Medal at the West Zone Asmita Khelo India Weightlifting League 2025, held at Kota, Rajasthan, in the +86 kg Senior Category, 15th – 19th, December 2025.

Participated in the Inter-University South West Zone Women's Weightlifting Championship held at SAGE University Bhopal, MP and Qualified for the All-India University Championship, held on 7th – 11th January, 2026.

Ms. Sakshi Haldankar FY LLB

Represented Goa State and Won Gold Medal at the West Zone Asmita Khelo India Weightlifting League 2025, held at Kota, Rajasthan, in the +76 kg Senior Category, 15th – 19th, December 2025.



Represented Goa University at South West Zone Inter-University Weightlifting Championship at SAGE University Bhopal, MP held on 11th January 2026.

Represented Goa University at All India Inter University Weightlifting Championship at Panjab University, Chandigarh on 29th January 2026.

Ms. Sanvi Vilas Prabhu Naik

Represented Goa University at West Zone Inter University Cricket Women Championship 2025-2026 from 12th to 16th Janaury,20226 at Banasthali Vidyapith, Rajasthan.



Mr. Asutosh Omprakash Narvekar SY LLB

Represented Goa University Men's Hockey team at South-West Zone Inter-University Championship 2025-2026 held at L.N.C.T University, Bhopal from 12th to 16th January 2026.



Ms. Rifa Shaikh, FY LL.B.

Represented the Goa University Badminton team at West Zone Inter-University Women's Badminton Championship 2025–26, held from 26th to 30th December 2025 at Symbiosis International (Deemed University), Pune, Maharashtra.



Advait Kumar Galdiyal 5TH Year Ballb

Represented Goa University, at the South West Zone Inter-University Judo Championship 2025, held at SAGE University, Bhopal, MP from 10th to 16th November 2025.



Ms. Richa Gawade FY LLB

Represented Goa State at 23rd Senior Volleyball Championship held at Pondicherry from 9th to 12th March 2026



Inter-Collegiate Achievements

College Women's Judo team emerged as overall **Winners** for the **3rd consecutive year** at Inter-Collegiate Judo championship organized by Goa University held at Jubilee Hall Taleigao, 12TH to 14TH August 2025.

1. Ms. Priti Ramnath Kalmankar (3rd LLB) **1st Position**- Gold Medal
2. Ms. Isha Fernandes (4TH BALLB) **1ST Position**- Gold Medal
3. Ms. Iram Irshad Khatri (5TH BALLB) **2nd Position**- Silver Medal
4. Ms. Ahlia Hussain (5TH BALLB) **3rd Position**- Bronze Medal
5. Ms. Sanskruti Amonkar (4TH BALLB) **3rd Position** - Bronze Medal

VM Salgaocar Law College triumph in judo



The winners pose with the trophy alongside officials.

CHAMPIONS	
Up to 48 kg	> Tanishka Shivolkar
Up to 52 kg	> Juliet Varghese
Up to 57 kg	> Kalpita Naik
Up to 63 kg	> Isha Fernandes
Up to 70 kg	> Aditi Sadekar
Up to 78 kg	> Priti Kalmankar
Above 78 kg	> Numa Subba

NT Reporter Taleigao

VM Salgaocar College of Law, Miramar, powered their way to the women's overall title at the Goa University Inter Collegiate Judo Championship 2025-26, held from August 12-14 at Jubilee Hall.

Rosary College of Commerce & Arts, Navelim, battled hard to claim

the runners-up position, while Padre Conceicao College of Engineering, Verna, and VVM's Shree Damodar College of Commerce & Economics, Margao, shared third place.

Inter-Collegiate Judo (W)

The competition's standout performer, Juliet Varghese from Goa Medical College & Hospital,

Bambolim, was named Best Judoka (Women) after storming to gold in the 52 kg division.

Gold medals were spread across several institutions — Tanishka Shivolkar (Don Bosco College, Panjim) dominated the 48 kg category, while Kalpita Naik (Rosary College) edged an all-Rosary final in the 57 kg class. In the 63 kg division, Isha

Fernandes (V.M. Salgaocar) produced a flawless run to the top of the podium.

Aditi Sadekar (Padre Conceicao College) took gold in the 70 kg bracket, while V.M. Salgaocar's Priti Kalmankar reigned supreme at 78 kg. In the +78 kg class, Numa Subba (Shree Damodar) out-muscled her opponents to strike gold.

College **Men's Judo** team emerged as **Runner Up** champions at Inter-Collegiate Judo championship organized by Goa University held at Jubilee Hall Taleigao, 12th to 14th August 2025.



1. Mr. Advait Kumar (5th BALLB) **1st Position**- Gold Medal
2. Mr. Vedarsh Naik (3rd LLB) **2nd Position** – Silver Medal
3. Mr. Marc Sousa (2nd BALLB) **3rd Position** – Bronze Medal
4. Mr. Khalander Shaikh (4th BALLB) **3rd Position** – Bronze Medal



College Men's Weightlifting team secured **3rd place** team championship at the Inter-Collegiate Weightlifting Championship held at Goa University Jubilee Hall on 9th & 10th September 2025, organized by Goa University

1. Mr. Manjish Otavanekar (TY LLB) – **Gold Medal**
2. Mr. Swayam Naik (TY LLB) – **Bronze Medal**
3. Mr. Advait Kumar (5th BALLB) – **Bronze Medal**



Inter-Collegiate **Table Tennis** Championships Organized by Goa University at Dr. Shyama Prasad Mukherjee Indoor Stadium Taleigao, from 29th July – 31st July 2025

Women's Team – Winners

Women's Team emerged as **Champions** for the second consecutive year, defeating St. Xavier's College, Mapusa.



VM Salgaocar College of Law defend women's crown
They clinch their second consecutive title by defeating St Xavier's College, Mapusa in final

NT Reporter
Taleigao

VM Salgaocar College of Law, Miramar, stamped their authority as they clinched the Goa University Inter Collegiate Table Tennis Championship 2025-26 title for the second straight year with a convincing 3-1 victory over St Xavier's College, Mapusa, in the final.

Inter-Collegiate TT

Led by the in-form Khushi Naik, Salgaocar College stamped their authority early. Khushi set the tone by dismantling Pranavi Shetye 11-4, 11-3, 11-6. St. Xavier's responded through Stuti Shivani, who edged past Simran Kanekar 11-5, 8-11, 11-4, 11-4, drawing the tie level.

But Salgaocar's depth shone through as Arya Nadkarni clinched a hard-fought win over Puravi Shetye 12-10, 11-5, 11-9.

Khushi then returned to wrap things up, beating Stuti Shivani 11-6, 11-4, 14-12 to secure the championship.

In the semifinals, Salgaocar overcame Parvathi Chougule College of Arts & Science, Margao, 3-1, while St. Xavier's saw off Goa Medical College, Bambolim, by the same margin.

Khushi Naik's dominant run earned her the Best Player in Women's award for the second consecutive year, underscoring her pivotal role in Salgaocar's triumph.

The three-day championship witnessed spirited participation from 27 women's teams, reflecting the growing competitiveness of women's table tennis across Goa's colleges.

CHAMPS

- > Khushi Naik
- > Simran Kanekar
- > Arya Nadkarni
- > Kamakshi Kamat

HIGHLIGHTS

- > Khushi Naik beat Pranavi Shetye - 11-4, 11-3, 11-6
- > Stuti Shivani beat Simran Kanekar - 11-5, 8-11, 11-4, 11-4
- > Arya Nadkarni beat Puravi Shetye - 12-10, 11-5, 11-9
- > Khushi Naik beat Stuti Shivani - 11-6, 11-4, 14-12

The winners Khushi Naik, Simran Kanekar, Arya Nadkarni and Kamakshi Kamat pose with the trophy along with officials.

Ms. Khushi Naik (4th Year BALLB) awarded Best Player of the Tournament for the second year in a row

Team Members:

1. Ms. Khushi Naik – 4th Year BALLB
2. Ms. Simran Kanekar – 1st Year LL.M.
3. Ms. Arya Nadkarni – 3rd Year BALLB
4. Ms. Anisha Kalangutkar – 2nd Year BALLB
5. Ms. Akshata Jog – TY LL.B.

Men's Team – Third Position

Our Men's Team showcased a commendable performance and secured the **third place** in the tournament.



Team Members:

1. Mr. Swayam Chodankar – 4th Year BALLB
2. Mr. Amogh Bawachikar – 4th Year BALLB
3. Mr. Aman Shirgaonkar – 2nd Year BALLB
4. Mr. Sarthak Shetgaonkar – 5th Year BALLB
5. Mr. Leandro Lobo – 4th Year BALLB

Ms. Varada Natekar 5th Year B.A. LL.B. student bagged the **Bronze Medal** in the Women's Taekwondo Inter-Collegiate Championship conducted by Goa University on 22nd to 25th July 2025 at Dr Shyama Prasad Mukherjee Indoor Stadium, Taleigao.



Ms. Sparsh Naik, 3rd year B.A.LL.B. student secured **Bronze Medal** in the Breaststroke Event at the Inter-Collegiate Swimming Championships held on 18th July 2025, organized by Goa University at sports complex Campal.



College Men's Physique team emerged as **Runner Up** Inter-Collegiate Men's Physique championship organized by Goa University held at Jubilee Hall Taleigao, 23rd December 2025.

- ❖ Mr. Mrac Sousa 2nd Year Ballb – Gold Medal in +85kg Category
- ❖ Mr. Vansvardhan Mandekar 2nd Year LLB – Silver Medal in -85kg Category



Men's Powerlifting Inter-Collegiate Championship 2025–2026

- ❖ Mr. Mrac Sousa 2nd Year Ballb – **Gold Medal** in Upto 93kg Category
- ❖ Mr. Swayam Naik (TY LLB) – **Bronze Medal** in Upto 83kg Category



Women's Powerlifting Team clinch the Goa University Inter-Collegiate Women's Powerlifting **Winners Championship 2025–2026**.

- ❖ Ms.Sakshi Haldankar FY LLB Gold Medal set new record of total weight 342.5kg in 84kg category
- ❖ Ms. Iram Khatri 5th BALLB Gold Medal set new record of total weight 370kg in +85kg category
- ❖ Ms.Priti Kalmankar 3rd year LLB Silver Medal

VM Salgaocar Law College lift title

They triumph in Goa University inter-collegiate women's powerlifting championship

NT Reporter
Taleigao

VM Salgaocar College of Law, Miramar, powered its way to the Goa University Inter-Collegiate Powerlifting (Women) Championship 2025-26 title after a commanding show at the Silver Jubilee Hall, Goa University Campus.

IC Powerlifting (W)

Parvatibai Chowgule College of Arts & Science, Margao, and Don Bosco College, Panjim, finished joint runners-up, as the competition witnessed intense battles across weight categories and three new meet records.



The women's powerlifting team of VM Salgaocar Law College receives the winner's trophy from Sunder Dhuri.

The spotlight belonged to Rajashree Pednekar of Srinivassa Sinai Dempo College of Commerce & Economics, Cujira-Bam-

WEIGHT IN GOLD						
Category	Name	College	Squats	Bench Press	Dead-lift	Total
47 kg	Pushpa V	DBC, Panjim	80	32.5	110	222.5
52 kg	Khushi N	Damodar College	90	45	117.5	252.5
57 kg	Rajashree P	SS Dempo College	117.5	47.5	142.5	307.5
63 kg	Siya Nalk	PES College	110	47.5	135	292.5
69 kg	Tishea F	Chowgule College	117.5	55	107.5	280
76 kg	Durva S	Vidya Prabodhini	117.5	47.5	125	290
84 kg	Sakshi H	VMS Law College	127.5	60	155	342.5
+84 kg	Iram K	VMS Law College	180	60	130	370

bolim, who was crowned the 'Strongest Woman' (2025-26) after producing a standout performance in the 57 kg category.

A total of three records were broken, with Pednekar

setting the tone in 57 kg (307.5 kg total), while Salgaocar's Sakshi Haldankar rewrote the books in 84 kg (342.5 kg total) and Iram Khatri topped it off with a massive 370 kg total in the

+84 kg division.

The prize distribution was graced by Sunder Dhuri, along with KS Rao, Manoj Hegde, Govind Ramnath and Balachandra Jadar.



Salgaocar College of Law win Powerlifting Women's C'ship

Rajashree of Dempo College of Commerce and Economics wins the 'Strongest Women' title

Team Herald

sports@herald-goa.com

BAMBOLIM: V M Salgaocar College of Law, Miramar, won the Inter-Collegiate Powerlifting Women's Championship 2025-26 organised by the Goa University at the Silver Jubilee Hall, Goa University campus, here, recently.

Runners-up position was jointly won by Parvatibai Chowgule College of Arts and Science, Margao, and Don Bosco College, Panjim.

Rajashree Pednekar of Dempo Charities Trust's Srinivassa Sinai Dempo College of Commerce and Economics, Cujira-Bambolim, won the 'Strongest Women' title 2025-26.

The chief guest for the presentation ceremony was Goa University Registrar Prof Sunder Dhuri, guest of honour Assistant Prof VM Salgaocar College of Law Dr K S Rao, College Director of Physical Education and Sports, Govind Ramnath Kare College of Law, Margao, Dr Manoj Hede; and Assistant Director of Physical Education and Sports, Goa University, Balachandra Jadar graced the occasion and presented trophies to the winners and runners-up.

New records: A total of three records were broken. Upto & including 57kg: Rajashree Pednekar, SS Dempo College, with total performance of 307.5kg.

Upto and including 84kg: Sakshi Haldakar, V M Salgaocar College of Law with a performance of 342.5kg

Above 84kg: Iram Khatri, V M Salgaocar College of Law with a performance of 370kg.

The results: Upto & including 47kg: Pushpa Vishwakarma of Don Bosco College, Panjim, bagged gold medal. Saakshi Kinlekar of Rosary College silver and Blazia Rebello of Rosary College bronze medal.

HERALD PICS



The winners and joint runners-up (below) along with chief guest Goa University Registrar Prof Sunder Dhuri, guest of honour Assistant Prof VM Salgaocar College of Law Dr K S Rao, College Director of Physical Education and Sports, Govind Ramnath Kare College of Law, Margao, Dr Manoj Hede; and Assistant Director of Physical Education and Sports, Goa University, at the Silver Jubilee Hall, Goa University campus, Bambolim, recently



GU INTER-COLLEGIATE POWERLIFTING WOMEN CHAMPIONSHIPS

NEW RECORDS

Rajashree Pednekar of S S Dempo College, Sakshi Haldakar of V M Salgaocar College of Law and Iram Khatri of V M Salgaocar College of Law broke three records with total performance of 307.5kg, 342.5kg and 370kg respectively

Upto & including 52kg: Gold medal: Khushi Nambiar of Shree Damodar. Silver: Gauri Shetgaonkar of St Xavier's College. Bronze: Blesszandra Carvalho of Government College Quepem.

Upto & including 57kg: Gold: Rajashree Pednekar of S S Dempo College. Silver: Lakshada Shirodkar of G R Kare College. Bronze: Elita Coelho of St Xavier's College.

Upto & including 63kg: Gold: Siya Naik of PES Pharmacy. Silver: Eva Fernandes of P Chowgule College. Bronze: Simran Sawant of Vidya Prabodhini.

Upto & including 69kg: Gold: Tishea Fernandes of P Chowgule College. Silver: Vaishnavi Girapof MES College. Bronze: Joyce Martins of Agnel Institute.

Upto & including 76kg: Gold of Durva Salgaonkar of Vidya Prabodhini. Silver: Priti Kalmankar of V M Salgaocar Law. Bronze: Nilaya Dessai of Shree Damodar.

Upto & including 84kg: Gold: Sakshi Haldankar of V M Salgaocar Law. Silver:

Upto and including 84kg: Gold: Sakshi Haldankar of V M Salgaocar Law. Silver:



Rajashree Pednekar, winner of 'Strongest Women' title 2025-26

Joviette Moniz of Don Bosco Panjim. Bronze: Anushka Naik of Government College Quepem.

Above 84kg: Gold: Iram Khatri of VM Salgaocar Law. Silver: Anflieia Pereira of Rosary College. Bronze: Arya Narvekar of VMS Hospitality.

Inter-Collegiate Participation

1. Chess Mix held on 15th to 16th July 2025.
2. Taekwondo Men held on 22nd to 25th July 2025.
3. Badminton Men/Women held on 5th to 8th August 2025
4. X-Country Men/Women held on 6th August 2025.
5. Basketball Men held on 19th August 2025.
6. Kabaddi Men/Women held on 2nd to 5th September 2025.
7. Football Men held on 22nd September 2025.
8. Cycling Men held on 11th December 2025.
9. Athletics Men/Women held on 16th to 18th December 2025.
10. Volleyball Men/Women held on 24th to 27th February 2026.
11. Handball Women held on 2nd March 2026
12. Cricket Men held on 14th March 2026.



Football Men's Team

Cycling Men's Team





Taekwondo Men



Volleyball Women



Volleyball Men's Team



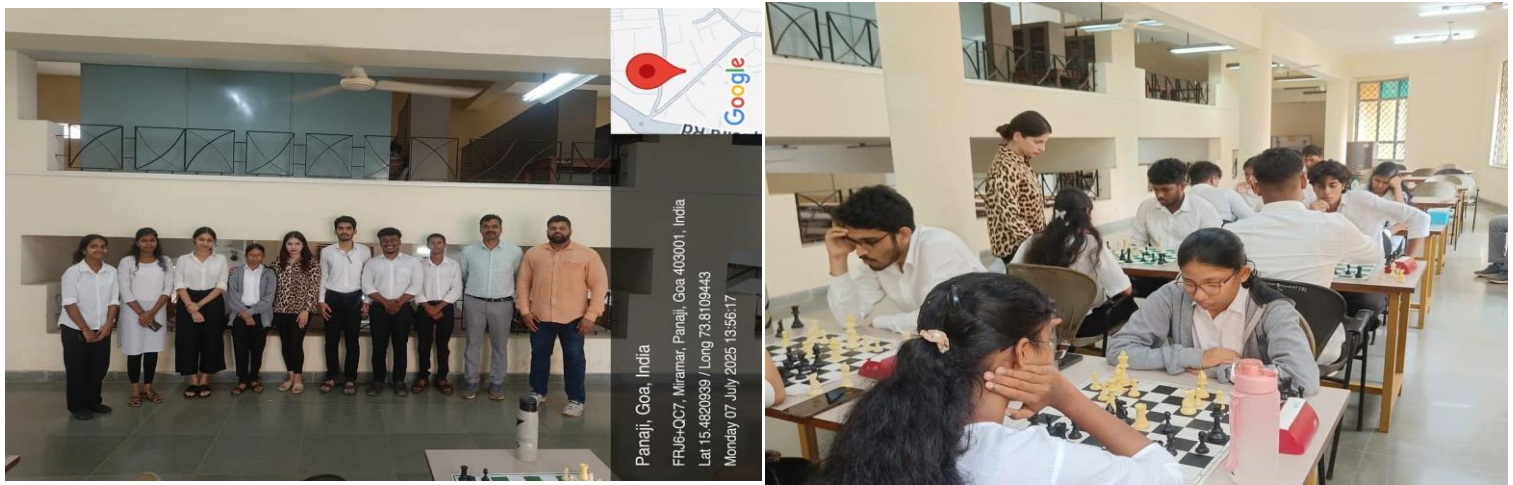
Chess (Mix)



Inter-Class Competitions

Organized Inter-Class **Chess (Mix)** competition on 7th July 2025 in college library hall. Final standing after round 4, all 5 students were selected to represent Inter-Collegiate Chess (Mix) Championship.

1. Mr. Shreyash Lotlikar **4 points** (5th BALLB)
2. Ms. Tanya Naik **3 points** (1ST BALLB)
3. Mr. Aman Kumar **3 points** (2ND BALLB)
4. Ms. Saini Naik **3 points** (1ST BALLB)
5. Mr. Ajinkya Raut **2 points** (5TH BALLB)



Organized **Badminton Men/Women** competition at Sharada Mandir High School, Miramar on 26th & 28th July 2025.

Men's Final match was played between Mr. Niraj Humraskar 1st year BALLB vs Mr. Aalok Harlankar 4th BALLB, match won by Mr. Niraj Humraskar 1st year BALLB with a game score of 2-0, match score 21-17,21-13.

Women's Final match was played between Ms. Nirmiti Naik vs Ms. Mokshada Bhaidkar. Game won by Mokshada Bhaidkar with a game score 2-0, match score 21-18,21-19.



State Level Championships

Students participated in Asmita Khelo India League Inter-Collegiate Championship held at Vidya Prabodhini High School, Porvorim on 7th August 2025.

1. Ms. Iram Irshad Khatri (BALLB) **1st Position**- Gold Medal
2. Ms. Priti Ramnath Kalmankar (LLB) **3rd Position**- Bronze Medal



Iram Khatri was also announced as the Heaviest Overall Lifter of the League.

Isha Fernandes 4th BALLB, Priti Kalmankar TY LLB and Iram Khatri 5th BALLB secured **Gold Medal** at All Goa Judo championship held at Peddem sports Complex, 3rd March 2026. organised by Judo Association Goa.

11th International Day of Yoga Celebration

Department of Physical Education, under the guidance of Dr. Shailendra R. Gaonkar (Director of Physical Education & Sports) and Mr. Lavu D. Govekar (Instructor in Physical Education & Sports), in collaboration with the Art of Living organization, Goa, successfully organized the International Day of Yoga on 21st June 2025.

The session commenced with an inaugural address by Principal Dr. Shaber Ali G., followed by a series of guided Yoga asanas, pranayama, and meditation sessions, emphasizing the holistic benefits of yoga on physical, mental, and spiritual well-being.

The College extends its sincere gratitude to the esteemed resource persons:

- ◆ Adv. Neela Navelkar – Art of Living Teacher
- ◆ Mr. Latika Bhashyam – Yoga Instructor
- ◆ Dr. Sujata Amod Borkar – Art of Living Volunteer



“Thank You”

